

# ENJOY THE WORLD

# THE FRED. OLSEN WAY

Our smaller ships and attentive crews help to create a more friendly and relaxing atmosphere on-board, enabling you and your fellow guests to quickly become good friends.

And as well as offering you a unique and memorable holiday experience, a Fred. Olsen cruise represents exceptional value for money.

- Your cruise is inclusive of leisure facilities (including pools, jacuzzi and gym), fine dining and
- Our reasonably priced drinks are inclusive of service charges.
- Anything you buy on-board is priced in Sterling (which means you won't need to worry about exchange rates).

It's all part of the Fred. Olsen difference.





Offers are exclusive to RNLI supporters. 10% of the price of these cruises will be Lifeboats donated to support the RNLI.

#### **BERGEN & THE FIORDS OF NORWAY**



W1110 - Black Watch Departs 23<sup>rd</sup> July 2011 – 7 nts Inside cabins from

Dover, Bergen (Norway), Olden, Nordfjord (Norway), Flam, Sognefjord (Norway), Gudvangen, Sognefjord (Norway), Eidfjord, Hardangerfiord (Norway), Dover

The enthralling landscapes and spectacular waterways of Norway make for a truly memorable seven night cruise and summertime presents this country at its finest. Black Watch guides you through stunning fjord-arms to visit the pretty town of Flåm which is the starting point for the Flamsbana, one of the most astonishing railways in the world. Tall mountains and crystalclear waters make for a breathtaking and relaxing cruise to the picturesque towns; Olden and Bergen.

FREE Transport and £70 per cabin On Board Spend

#### **SPAIN & PORTUGAL**



M1117 - Braemar Departs 13th Aug 2011 - 14 nts Inside cabins from

£1,349<sub>PP</sub>

Dover, Motril (Spain), Ibiza (Spain), Barcelona (Spain), Toulon (France), Gibraltar, Portimao (Portugal), Lisbon (Portugal), Dover

Colourful cities, seductive scenery and a wealth of world heritage status architectural delights form a perfect backdrop to the Western Mediterranean's tantalising blend of ancient and modern. Stroll along the Las Ramblas in the beautiful Catalan city of Barcelona. Discover the unique blend of English and Spanish culture on Gibraltar, home to the famous Barbary Apes. Amazing sightseeing and relaxed cruising aboard stylish Braemar await on this spectacular sailing.

FREE Transport and £140 per cabin On Board Spend

Free Transport is either free car parking or coach transport. Fares are per person, based on the lead-in inside twin cabin. All offers and prices are subject to availability. Terms and conditions apply as detailed in Fred. Olsen Cruise Lines' Worldwide 2011/12 1st edition brochure. Some ports may be at anchor. 10% from the sale of this product will be paid in support of the RNLI. RNLI name and logo are trademarks of RNLI used by Fred. Olsen Cruise Lines under licence from RNLI (Enterprises) Ltd. Payments are made to RNLI (Enterprises) Ltd which pays all its taxable profits to the RNLI, a charity registered in England and Wales (209603) and Scotland (SCO37736). Charity number CHY 2678 in the Republic of Ireland. E&OE.

For more information or to book call 01473 746 170 or visit www.fredolsencruises.co.uk quoting 'RNLIAU10'



A charity registered in England and Wales (209603) and Scotland (SC037736). Charity number CHY 2678 in the Republic of Ireland The Royal National Lifeboat Institution was founded in 1824 as the National Institution for the Preservation of Life from Shipwreck. Today, it provides the 24-hour on-call search and rescue service out to 100 nautical miles from the coast of the UK. Rol. IoM and CI: on the tidal reaches of the River Thames; and on selected inland waterways plus a seasonal lifeguard service on appropriate beaches in England and Wales. The RNLI is independent from Government and continues to rely on voluntary contributions and legacies for

Chairman: Admiral the Lord Boyce GCB OBE DL Chief Executive: Paul Boissier

#### SUPPORTING THE RNLL

If you're not already a subscriber, you can help save lives from the beach to the open sea by becoming a regular supporter of the RNLI. Find out more from the Supporter

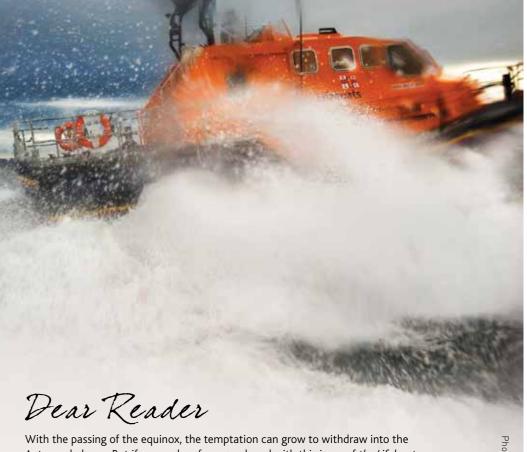
#### CONTACT DETAILS

- · RNLI Headquarters: telephone 0845 122 6999, email info@rnli.org.uk or write to RNLI, West Quay Road, Poole, Dorset, BH15 1HZ
- · Supporter Care Team, for membership, donations, Lifeboat Lottery enquiries: telephone 0845 121 4999. email supporter\_care@rnli.org.uk or write c/o Headquarters address above
- · Legacies Team, to find out about gifts in Wills: telephone 01202 663032, email mark\_allwood@rnli.org.uk or write to him c/o Headquarters address
- · Family association, for retired staff and operational volunteers: telephone
- Lifeboat Enthusiasts' Society: email john\_francis@rnli.org.uk
- The Editor: telephone 01202 662254, email thelifeboat@rnli.org.uk or write c/o Headquarters address above
- Advertising in the Lifeboat: Landmark Publishing Services 7 Adam Street, London, WC2N 6AA Tel: 020 7520 9474, Fax: 020 7520 9475, email landmark@lps.co.uk.

rnli.org.uk



Cover picture: Siblings Máire Scanlon and Eolan Walsh from Ballycotton, one the RNLI's 43 stations in the island of Ireland. See page 6. Photo: RNLI/Nigel Millard



Autumnal gloom. But if you curl up for a good read with this issue of the Lifeboat, you will find yourself transported across land, sea and time.

Memories of a sizzling Summer, and the millions of beach goers watched over by RNLI lifeguards (page 24), jostle with a summary of the laws of the sea, from local to international, and their impact on the work of RNLI lifeboats (32).

We dedicate an extended Spirit feature to the fascinating and sometimes poignant tale of the RNLI's activities across the island of Ireland (6) and present a history of women in the RNLI (30).

Saving lives at sea is at the heart of this magazine and of the charity that it represents (18, 51) and we plan to bring you more rescue accounts in future issues. Meanwhile, thank you for playing your part in this vital mission.



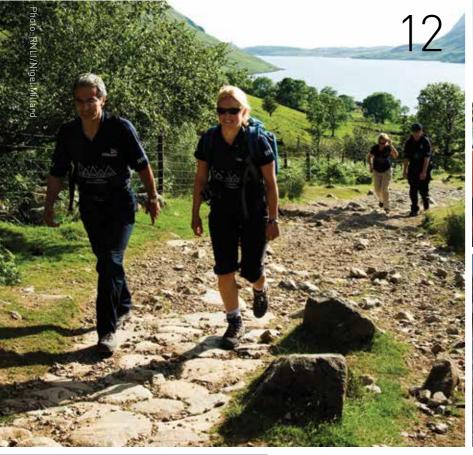
Liz Cook - Editor



Blind and partially sighted readers can choose to receive an audio tape or CD version as well as the magazine – this is a free service. Please contact Tracy Carey on 01202 662254 or email tracy\_carey@rnli.org.uk.



2 CONTENTS













# the Lifeboat

The Lifeboat is published quarterly by the RNLI, West Quay Road, Poole, Dorset, BH15 1HZ.

© RNLI 2010. All rights reserved. Reproduction is permitted with the prior consent of the RNLI. Opinic expressed by authors are not necessarily those of the publishers. Care is taken to ensure that editorial nformation is correct at the time of going to press but is

Any products or services advertised in the Lifeboat by third parties are not in any way endorsed by the RNLI and the RNLI shall not be responsible for the accuracy of any information contained in such advertisements nor has it investigated or verified any of the information. Advertising revenue helps subsidise production costs of this magazine. All recipients of the Lifeboat also receive RNU Compass

for their region. News in other regions can

be viewed at mli.org.uk.

Are you interested in receiving RNLI news by email? If so, you can sign up to our enewsletter at rnli.org.uk/email.

Publications and Design Manager: Mark Dunne; Editor: Liz Cook; Researchers/Writers/Assistant Editors: Mairéad Dwane, Bethany Hope, Jon Jones, Anne Millman, Rory Stamp, Carol Waterkeyn; Proofreader: Anne Millman; Design Manager: Laura Wiltshire; Designer: Jonathan Lotriet; Publications Assistant: Tracy Carey; Acting Print Manager: Zoe Nother; Printer: Pindar, Scarborough.





#### **NEWS** including

12 Lifeboat of the future

13 Radio fees flattened

15 A run up to Christmas

16 Taking the plunge

#### **FEATURES**

.....

#### 6 SPIRIT

#### **Gael Force**

Committed to saving lives at sea in the island of Ireland

•••••

#### 18 COASTAL LIFE

People and profit

The communities helping to save lives at an RNLI shop near you

#### 32 CLOSE UP

Whose sea is it anyway? Who controls the waters we navigate and why?

#### **RESCUE**

#### 4 INSIGHT

A chilly loch and a sticky situation

•••••

#### 22 BREACH OF THE PEACE Unconscious teenager plucked from

turbulent seas 24 A WEEK IN THE SUN

#### Hectic 7-day stretch for the RNLI lifeguards of Poole Bay

28 DOUBLE JEOPARDY Two maydays and some delicate teamwork for the

Walton and Frinton lifeboat crew

#### **VOICES**

#### **46 CURRENT AFFAIRS**

Broadcaster Tom MacSweeney shares his opinions on politics, the sea and the RNLI

#### 48 SHOW OF STRENGTH Bringing the RNLI story to the stage

50 YOUR SHOUT

A surprise birthday treat

#### **REGULARS**

#### 30 REVIEW

Jobs for the girls and a story about RIBs ...

#### 39 LOTTERY

Enter the Superdraw for bigger cash prizes

•••••

#### 40 LAUNCHES

April–June 2010 saw over 2,000 launches

#### 52 THEN AND NOW

Recruiting the volunteers and staff we need



# Insight

#### 1 STICKY SITUATION

Weston-super-Mare's lifeboats were needed on 31 May when a family of nine, including six children, got stuck in mud at the mouth of the River Axe. The crew of the D class lifeboat were forced to beach her alongside the family and begin first aid, as the children, one of whom was only a baby, were showing signs of hypothermia. Four of the family members were then airlifted to safety by RAF helicopter, while the five others were sped to shore on the B class lifeboat.



#### **2** SAD LOSS OF SAIL TRAINING VESSEL

Portush and Red Bay lifeboats were launched when the sail training vessel The Lord Rank ran aground off the coast of Co Antrim on 8 June. There were six people onboard the 21m yacht – five radio DJs and the skipper. In a 4-hour rescue operation, the Portrush all-weather lifeboat's daughter Y boat and the Red Bay inshore lifeboat fought a strong running current to get all six off the yacht. They were brought to Ballycastle onboard the Portrush lifeboat (pictured). Sadly, The Lord Rank sank a few hours later.



#### **3 FREQUENT FLYER**

Southend-on-Sea's hovercraft crew had a busy day on 23 May. Their first job, with the local Coastguard team, was to search an area of low water for an unexploded mine. They found it, marked it with a buoy and informed a bomb disposal team. In the afternoon, the crew picked up two people in danger of being cut off by the tide. Later, the hovercraft was out again, freeing six people who had got stuck in mud. They were treated for cuts and bruises.

#### **4 PULLING POWER**

When a man was washed off Whitley Bay promenade into a very lively sea on 20 June, the B class lifeboat from Cullercoats was sent to help. The man was being repeatedly thrown against the promenade, but the water was too shallow for the lifeboat, and too rough for an RNLI lifeguard who had tried to swim to the rescue. He was saved eventually in the old-fashioned way, when he was thrown a rope from the lifeguard truck and pulled to safety, with the help of police, the Tynemouth Volunteer Life Brigade and members of the public.





The RNLI's lifeboat crews and lifeguards carry out thousands of rescues every year (see Launches on page 40). Here are just a few caught on camera and see pages 22-28 for more in-depth reports from Teignmouth, Poole Bay and Walton and Frinton.

#### **5** GIRLS RESCUED FROM CHILLY LOCH

Two young girls playing in a dinghy on 19 May found themselves drifting into open water and jumped overboard to try to swim to shore. A honeymooning couple spotted them struggling and called the Coastguard. Loch Ness lifeboat launched within 7 minutes but the girls had been in the water for almost 30 minutes when they were pulled onboard. Shivering uncontrollably and having ingested water, they were wrapped in survival bags and sped to shore, where a paramedic and RNLI shore helpers continued first aid until an ambulance arrived. The girls were discharged from hospital later that evening. Watch this at rnli.org.uk/chillyloch.



#### 6 JUST IN TIME

Beaumaris lifeboat was called out to a mayday on 25 May. A 7m boat had a rope caught around her propeller. Without power, she was drifting fast – when the lifeboat arrived on scene she was just 3m away from the rocks off Puffin Island. The lifeboat towed the casualty vessel towards the Welsh mainland, and was met en route by Conwy lifeboat. During the tow, the powerboat's propeller was freed, so she was able to motor under her own power to Conwy Marina, accompanied by that town's lifeboat, while the Beaumaris crew made their way home.

> Words: Mairéad Dwane Photos: RNLI, Graeme Sweeney, John Millard, RNLI/Loch Ness, Keith O'Brien

# GAEL FORCE

Tá na báid ar snámh san fharraige, Slán abhaile go dtaga na fir. The boats are floating on the sea, May the men come safely home. Irish folk song

An island on western Europe's extreme, Ireland is defined the next 100 years, more stations sprang up all round by the sea. Battered by the Atlantic and beguiled by the treacherous Irish Sea, she has seen more than her fair share of maritime tragedy – but also of daring rescue.

The first official, dedicated lifeboat in Ireland was stationed at Clontarf by the Dublin Ballast Board in 1801. Dublin Bay was notorious for shipwrecks, and by 1820 the board, which was in charge of improving safety and navigation in the bay, was operating five lifeboats (Clontarf, Dalkey, Pigeon Dock and two at Poolbeg). These boats formed the first organised lifesaving service in European waters, saving many lives.

When the RNLI was founded in 1824, the whole island was part of the 'United Kingdom of Great Britain and Ireland', and the first RNLI lifeboat station in Ireland was established in Arklow, Co Wicklow, in 1826. Over

the island, crewed, as is still the case, by local volunteers. By the time the Irish Free State was established in 1922, there were 24 Irish RNLI lifeboat stations. British Government agencies, such as HM Coastguard, withdrew services from the free state, but the RNLI's independent, volunteer-driven services remained.

In the March 1926 issue of the Lifeboat, an article on the roll out of motor lifeboats reads: 'This work in Ireland has not been affected by the political changes and the setting up of an Irish Free State Government with the status of a Dominion. At the express wish of this Government the Institution is continuing to maintain the Service in the Free State as well as in Northern Ireland.'

Lifeboat stations in the 26-county free state (which was declared a fully independent republic in 1949) and in Northern Ireland, carried on saving lives under the RNLI banner. Today, around the island's coastline (and indeed at the RNLI's inland lifeboat stations at Lough Derg and Enniskillen), lifeboat crews are getting busier year on year. In 2009, Irish lifeboats launched 978 times, a 13% increase on 2008, and rescued more than 1,000 people.

Ireland's first Tamar class lifeboat is scheduled to arrive at Kilmore Quay, Co Wexford, by the end of the year, and in 2011 Ireland's first RNLI lifeguards begin their patrols on some of Co Antrim's most popular

Let's meet some of the people who help make the RNLI in Ireland what it is today.



Dick Robinson (67) is a former crew member from Valentia Lifeboat Station, Co Kerry, the RNLI's most westerly lifeboat station. He is now President of the Ennis RNLI Fundraising Branch in Co Clare, a sea safety adviser and a member

of the Lifeboat Enthusiasts' Society.

'Valentia was a special place to grow up. My mother's father went there from Swansea as a cable operator. When islanders left to find work elsewhere, I remember him saying to them: "I don't know how you can leave such beautiful scenery." One woman said back: "Mr Renwick, you can't eat scenery." The sea is a big part of life there. I went to school by boat for 6 years, and what I learned on the boat was the only lesson that was in any way interesting!

SPIRIT 7

'The sea is a bitterly cold and dangerous place but when there's a shout you jump to it just the same. You never lose sight of the fact that lifeboating is about pulling someone out of the water.

'Through the dark years, the dedication to the lifeboat and to doing the job was absolute, though the royal connection was seen as rather elitist. My father was Honorary Secretary of Valentia Lifeboat Station, and he was sometimes afraid to wear his badge, because of

'But things have changed. When the Lifeboat College in Poole was opened in 2004, The Queen was taken for a trip around Poole Harbour on the lifeboat that was due for Castletownbere, by the Castletownbere crew. At the naming ceremony back in west Cork, a poem to commemorate that day was recited. The poem was framed and put in the boathouse. When the station and the area accept that, you can fairly take it that people have moved on and the bad old days are dead and buried

'The RNLI in Ireland is going to thrive. As long as the sea is there, people will be drawn to it.'

>>



Kelly Allen is a volunteer crew member at Portrush, Co Antrim, and also works full time for the RNLI as Camera Project Implementation Manager. The project aims to provide suitable cameras and training to lifeboat crew and lifeguards, so they can

generate the action photographs you see in *the Lifeboat*, as well as video footage of real rescues.

'I'm Portrush born and bred, a local through and through. Some people call Portrush the Blackpool of Northern Ireland – it's a small touristy seaside resort, set on stunning coastline, blessed with beautiful beaches, near the Giant's Causeway and the Carrick-a-Rede rope bridge. It seemed, when I was younger, like everyone in Northern Ireland came on holiday here! We serve three countries [Northern Ireland, Republic of Ireland and Scotland]. From my house, I can see Donegal to the west, and I can see Islay from my bedroom window.

'During the Troubles we had a lot fewer foreign tourists. Now we see a lot more Europeans and Americans coming to visit the station and the town.

'Managing the camera project and travelling around the coast is an amazing opportunity to combine my two passions – photography and lifeboats. Everyone is always so friendly. There are some people I meet, though, who don't realise the RNLI's in the Republic of Ireland as well. Some people are surprised by that. But as far as we're concerned, it's one RNLI. Politics and borders don't come into it.'





Terry Johnson, from Dublin, is former Deputy Chairman of the RNLI and a retired Trustee. Galwayman John Coyle is a current RNLI Trustee.

TJ: 'RNLI Ireland operates around the whole coast, and has done so since Arklow Lifeboat Station's foundation. Obviously, there was the political division of Ireland in 1922, but the RNLI, because it's always been a community-based organisation, just kept doing its job.

'In 1923, the RNLI approached the Free State Government and said: "We're doing this job, we're a charity, are you happy for us to carry on doing it?"

'We still have the letter from the Irish Free State stating the government would be very glad for the institution to carry on, and giving its support. But they did ask that an Irish Council be formed, so that they could liaise with someone resident, and we still have this all-Ireland Council, of which John and I are members. The Irish Fundraising Manager and Divisional Inspector report to the Council twice a year, so we keep a watching brief on the RNLI throughout Ireland, and can then answer questions if anything is brought up at an RNLI Council meeting or a Trustee meeting. We also represent the RNLI at naming ceremonies, funerals, awards ceremonies and other functions across Ireland.

'The RNLI in Ireland is run to exactly the same standards as the rest of the organisation. The training is done centrally, and the regulations of operations are set out centrally. Branches and fundraising are run in exactly the same way. It is the RNLI.'

JC: 'As regards the future of RNLI Ireland, the fundraising side will go from strength to strength, because now we have dedicated fundraisers, whereas before it was a bit of somebody's job, a bit of somebody else's. Now that has been improved, the raised voluntary income has shot up. There's a huge opportunity there – mention the RNLI and people are so generous.'

TJ: 'We always say that if the crews are the heart of the RNLI, then the supporters are the lungs!'

**JC:** 'We're pretty well crewed everywhere, but the exciting thing is that the age profile of our other volunteers, people who help out, is quite young by charity standards – often 30s and 40s – which is great for the future.'



Ronan King joined Clogher Head lifeboat crew in Co Louth just 9 months ago. In July he made his first trip to the Lifeboat College in Dorset, for a Sea Survival course.

'I'm a mechanical fitter for Irish Rail, so I repair trains, fix engines ... that kind of stuff. But I worked on

a trawler for a while and, once, the lifeboat had to come out and pull it in. I've done a good bit of pleasureboating as well, so it was nice to know that there was somebody there to come to your aid if you got into distress. I'm from the village and I knew a good few of the crew before joining up.

'We've done a few joint training exercises with Kilkeel lifeboat [just across the border in Co Down], and there's a good bond between crew members.

'Even if you're on Dun Laoghaire Pier and you see some of the guys from the crew there, you'd have a chat with them – the RNLI's a little family within itself. Here in Poole it's great to meet a lot of crew from the other stations, all around the UK as well, everywhere!

'It's very exciting coming to the College. You're a bit nervous at first but, once you get here and settle down, the training is second to none. It's a great experience, and you learn a lot that you can apply back in your home station.

'We get huge support from the local community, absolutely huge. It's only when you join and see what goes on behind the scenes that you realise how big this thing is in Ireland. There's a fundraising committee and flag days; we had an open day last Sunday that had a huge turnout and a lot of support from crew, shore crew, supporters and the public in general.

'It's a community thing, but we always feel part of the RNLI as a whole. We get the Lifeboat and Offshore magazine at the station and, every time we go down there, there's a new poster gone up on the noticeboard – there's a lot to be read and a lot to be learned! It's all very open and well communicated. They always make sure to tell you: "This is new, lads, make sure you read this!"

Words: Mairéad Dwane Photos: RNLI/(Nigel Millard, Lough Swilly, Tommy Dover, Mairéad Dwane, John Rafferty)



(Great Britain and Northern Ireland),

Isle of Man

Republic of Ireland, Channel Islands and



BBC Coast's Neil Oliver met volunteers at Arranmore lifeboat station, including Press Officer Nora Flanagan, while investigating the RNLI's history in Ireland

### View our full range of over 150 TAX FREE supplements at: www.healthspan.co.uk

Hair & Nails 20 micronutrients

90 capsules £5.95



Selenium plus

360 tablets £9.95



Co-enzyme Q10 100mg one-a-day

60 capsules £15.95



Plant Sterols 700mg

60 capsules £6.95



Probiotic 5 billion friendly bacteria

Liquid





St John's Wort 900mcg Hypericin

120 tablets £5.95



Gluc. 500mg & Chondroitin

60 tablets £9.95

- ✓ Gold standard (GMP) quality
- ✓ Freephone or web ordering

Gluc. 500mg & Chondroitin 100mg 120 tablets £8.95

Garlic 1,200mg 360 tablets £9.95



✓ No quibble refund policy

Ginkgo Biloba 6,000mg 360 tablets



**✓** FREE delivery on every UK order

Evening Primrose Oil 1,000mg 180 capsules

# £9.45

#### Three easy ways to order – All with **FREE** P&P<sup>1</sup>

- FREEPHONE: Call 0800 73 123 77
- ONLINE: www.healthspan.co.uk
- BY POST: Fill this form adding a cheque or postal order made payable to Healthspan and send to Healthspan Ltd, PO Box 64, St Peter Port,

Name (Mr. Mrs. Ms):

Please debit my Credit/Debit card Security (CV2) Code\*

Card No:

Issue No/Start Date:

Our Customer Charter provides a no-quibble refund on products and guarantees that your personal data will not be passed on to third parties. If you do not wish to receive future product updates, tick the box below. \*Last 3 digits on back of your card. Please allow 10 days for UK delivery. Your call may be recorded for training purposes, ffree postage and packing on orders applies to UK delivery only. Prices valid until 30.11.10.

Please quote code: 'E3 off when you spend £15 or more' conditions: Offer code may only be used once and not in conjunction with any other offer. Valid until 30.11.10.

Price Total (f) Glucosamine – 1,000mg Optiflex Glucosamine HCI 180 tabs £8.45 Glucosamine – 1,000mg Optiflex Glucosamine HCl 360 tabs £13.95 180 caps £7.95 Cod Liver Oil - pure Icelandic 1,000mg 'one-a-day Omega 3 - 1,000mg, 120mg DHA + 180mg EPA 180 caps £8.95 180 tabs £9.95 Hair & Nails - 20 micronutrients 90 caps £5.95 Co-enzyme Q10 - 100mg high strength 60 caps £15.95 Probiotic – 5 billion 'friendly' bacteria 90 caps £11.95 St John's Wort – 300mg providing 900mcg Hypericin 120 tabs £5.95 Selenium + A, C & E – 200mcg 360 tabs £9.95 60 caps £6.95 600ml £10.95 ChondroMax - Glucosamine 500mg & Chondroitin 400mg 60 tabs £995 Glucosamine 500mg & Chondroitin 100mg 120 tabs £8.95 360 tabs £9.95 360 tabs £10.95 Ginkgo Biloba - 6,000mg 120mg standardised extract 180 caps £9.45 Evening Primrose Oil - 1,000mg 'one-a-day Glucosamine & Omega 3 - 400mg & 300mg 120 caps £6.95 -£3 MY ORDER IS OVER £15 - PLEASE DEDUCT £3 Total £

# Buy Glucosamine at a fraction of High Street Prices Holland & Barrett £21.49

Ouch!

120 Glucosamine tablets

1.000ma

Healthspan 1,000mg Glucosamine HCl HEALTHSPAN FOR A HEALTHY LIFESPAN

180 Glucosamine tablets 1.000mg

#### Buy from Healthspan, the UK's No.1 direct supplier of supplements

Our supplements are only available direct, so we cut out the cost of the middleman: no retail overheads and no hidden extras. That's why we can afford to use only the very best ingredients and offer them to you at a fraction of high street prices.



Pure Icelandic Cod Liver Oil 1,000mg

180 capsules £7.95



Omega 3 Fish Oils 1,000mg

180 capsules



50 Plus Multivitamins & Minerals

180 tablets

**-**ealthspan

12 NEWS NEWS 13



## IN DEVELOPMENT

The RNLI's naval engineers are developing a new class of all-weather lifeboat, currently codenamed FCB2 (fast carriage boat 2). The FCB2 will replace the Mersey class lifeboat, and the first is expected on station in 2013.

The prototype hull was produced at the RNLI's new SAR Composites boatbuilding facility in Lymington, Hampshire, in May. FCB2 will be the first all-weather lifeboat built by the RNLI's own staff, rather than commissioned externally. This will save money while making doubly sure that the lifeboats are produced to the RNLI's high standards.

FCB2 will be powered by waterjets rather than propellers, making it more manoeuvrable in shallower waters, and limiting damage should the need arise for it to be driven straight onto the beach, for example in rough weather conditions. The 25 knots the RNLI requires of new all-weather lifeboats will be easily attained by the Scania engines selected. The SIMS system, which allows crew members to monitor and operate many of the boat's functions from the safety of their seats, currently only available in the Tamar class lifeboat, will also make an appearance in FCB2.

The SAR Composites Team is now manufacturing the remaining internal and external structures, such as the wheelhouse and the deck. The brand-new prototype is due in the water for sea trials next Summer.





Scottish First Minister
Alex Salmond called into
Queensferry Lifeboat Station
on 22 June. He was shown
around the station, introduced
to the crew and presented
with a framed photo of
Queensferry's Atlantic 75
lifeboat Donald and Ethel Macrae.

Lifeboat Operations
Manager Tom Robertson said:
'The visit went very well;
everyone was delighted to
meet the First Minister. I was
most impressed that he took
time to speak to everyone and
showed a great deal of interest

in plans for the new station.'

The RNLI is planning a new lifeboat station for Queensferry, with enough space for an Atlantic 85 lifeboat and more modern crew facilities. Planning consent has been given. The Atlantic 85 lifeboat is bigger and faster than the station's current lifeboat, with more advanced search and rescue technology.

On 9 June, Mr Salmond had presented Dunbar Coxswain Gary Fairbairn with a Brave@Heart community award.

# **RADIO FEES SUCCESS**

The RNLI will spend significantly less money on radio licensing fees, following Ofcom's announcement on new pricing for the maritime sector.

Our lifeboat stations and lifeguards rely on maritime VHF radio channels to communicate quickly and effectively with other lifeboats, maritime rescue organisations and emergency services.

For 2 years, Ofcom has worked closely with stakeholders and users of the radio spectrum to introduce a new charging



system for shore-based maritime VHF radio channels. At first, the RNLI was concerned that this might result in increased licence fees; this gave significant concern to our supporters.

However, after a collaborative consultation and negotiation process, the RNLI and Ofcom have come to a satisfactory solution, reducing licensing fees for all the radios used ashore in our boathouses and by shore launch crews and lifeguards. Licences for afloat use of radios are already free of charge for all sea users.

RNLI Staff Officer Peter Bradley says: 'Achieving this overall reduction in licensing fees would not have been possible without the tremendous support the RNLI has received from its supporter base, interested members of the public and members of parliament. We would like to thank everyone who contributed with letters, petitions and emails of support.

'The RNLI would also like to place on record its sincere thanks to Ofcom for producing a satisfactory solution for charities.'



### Safe in the surf

Surfsports are becoming ever more popular, and leading to more and more lifeboat and lifeguard rescues. With this in mind, the RNLI has published *In the Surf*, a guide to surfsport safety. Packed with simple tips for novice surfers, bodyboarders, windsurfers, kayakers, canoeists, kitesurfers and stand-up paddleboarders, look out for the booklet in surf-hire outlets and lifeguard units around the UK. Or phone 0845 122 6999 for your free copy.



### Good with Food

Staff and customers at The Co-operative Food stores in Scotland, Northern Ireland and the Isle of Man took up the challenge of raising £90,000 in 90 days earlier this year, from SOS Day to the end of April. From a 'Wear your wellies to work' theme on SOS Day, through a phenomenally successful rubber duck countertop appeal and lots of local fundraising events, the target was smashed, with a final total of more than £190,000. The money raised will fund crew training in 2011 at Campbeltown, Kessock, Stornoway, Bangor, Larne, Douglas and Port St Mary lifeboat stations, as well as lifejacket maintenance at 24 stations and three daughter boats for the RNLI relief fleet.

# 5 mountains, 2 days

Five crew members from Tower
Lifeboat Station took on a
gruelling challenge in June,
climbing the highest mountains
in each of the countries the
RNLI serves – England (Scafell
Pike), Scotland (Ben Nevis),
Wales (Snowdon), Northern
Ireland (Slieve Donard)
and the Republic of Ireland
(Carrauntuohill).

The group, ably supported by a logistics team of RNLI colleagues and friends, set out to raise £30,000 for a new E class lifeboat for the River Thames. They aimed to reach all five summits within 48 hours — and succeeded, with just over half an hour to spare!

Richard Abbott, Kelly Allen, Keith Cima, Matt Leat and Antonia Scarr climbed more than 5,000m in the 2-day period, sleeping in the minibus as they were ferried (sometimes literally) from one peak to the next. After a brief and well-deserved holiday in the Carrauntuohill area, the team are now back on RNLI duty.

The RNLI's fast, waterjetpowered E class lifeboats have been on service on the Thames for 8 years, and are consistently the busiest in the fleet. They are nearing the end of their operational lives, and a nextgeneration lifeboat is being developed by RNLI engineers.





#### LA to New York by Rail

15 days from £2,175

Experience the essence of the USA on this West to East Coast rail tour, from LA, Hollywood and the California coast to the exhilaration of New York. Take in the dramatic Rockies and deep ravines, visiting San Francisco, Denver and Chicago en route.

#### Las Vegas & the **Golden West**

15 days from £1,795

Discover the two sides of West Coast America, from glitzy, glamorous Hollywood and Las Vegas to the spectacular scenery of Yosemite and The Grand Canyon. See the sights of San Francisco and travel on California's Coast Starlight to Monterey, Carmel and the Big Sur.

#### **New England in** the Fall

10 days from £1,498

Enjoy the exclusive East Coast retreats of Cape Cod and Martha's Vineyard, see the sights of 'Old World' Boston and travel historic scenic railways into the mountains of Maine and New Hampshire, through the famous autumn spectacle of vivid reds, golds and oranges.

#### West Coast & **Yosemite**

14 days from £2,098

Travel on the stylish Coast Starlight from Seattle along the length of California's golden coast, discovering the dramatic Yosemite National Park, Spanish style Santa Barbara, delightful San Diego and the bohemian cool of San Francisco along the way.

#### Iconic trains, famous city sights and spectacular, ever-changing scenery – that's what makes our USA rail journeys so exceptional.



At Great Rail Journeys, we also add 25 years of experience to ensure the whole holiday will remain in your memory forever. We do this through well-researched itineraries and fascinating excursions, specially selected hotels and a wealth of information from your friendly, experienced Tour Manager, who will be at your service throughout. In fact, as our many loyal customers will tell you, no-one does rail holidays like Great Rail Journeys.

For your FREE brochures CALL 01904 734 396

BOOK WITH 100% CONFIDENCE ATIO #ABTA NO.V2170 ABTA NO.V2170 www.GreatRail.com/USA

Lifeboat crews have noticed that jumping into water from a height is becoming ever more popular around our coasts. The craze, known as tombstoning, has led to 139 incidents for emergency services in the past 5 years, including 12 fatalities and many more spinal and limb injuries. Risks include variations in water depth due to the tide; hidden submerged objects, such as rocks; cold-water shock, and strong currents.

The RNLI's advice is not to take part in this dangerous activity at all.

Taking a pragmatic approach, if people insist on tombstoning, there are steps they can take to reduce the risk: check for hazards and water depth, check for access as it may not be possible to get out of the water after your jump, and remember that conditions can alter rapidly and other people watching may try to copy what you're doing.

For more information and advice about tombstoning – and to see some very thought-providing videos on the subject – go to rnli.org.uk/tombstoning

# **Run up to Christmas**

It's time to get in training for a Reindeer Run near you (just think how many mince pies you'll burn off in advance)!

This year, the RNLI's most festive fundraiser will take place at 13 different venues in late November and early December. You can run a 5K or 10K fun run, or take the whole family on a 1K Santa Saunter (depending on what's on offer at each particular venue).

Join the stampede in London, Merseyside, North Yorkshire, West Midlands, Dorset, Essex, Bedfordshire, Norfolk, South Wales, Angus, Stirling, Kilmarnock or Dublin.

Two-time Olympian and Commonwealth Games medallist Liz Yelling is a regular reindeer. She says: 'My husband and I have done the RNLI Reindeer Run with a group of friends for the last 2 years. I simply enjoy it as a great day out and a bit of fun, helping raise some funds for the RNLI.'

Every runner gets antlers and a flashing red nose for the run itself, and a hot drink and mince pie at the finish line. If you'd like to keep fit while helping us raise mega-'bucks' and lots of 'doe', please visit rnli.org.uk/reindeer, for more information or to register.





The Walter and Elizabeth Groombridge Award for the most meritorious rescue by an inshore lifeboat crew in 2009 has been given to Whitstable Helm Jonathan Carter and Crew Members Tony Martin and Henry Thomson. The crew saved the life of a man who had fallen overboard from his yacht in a near gale, and was very close to drowning in rough seas. See the Lifeboat Winter 2009–10 for a full account of this rescue.

•••••

#### Flexible tribute funds

An RNLI Forever by the Sea fund is a positive and powerful way to honour the life of someone special who has passed away. Friends and family can donate in memory of their loved one, for example on a birthday or anniversary, and watch the fund grow.

You can now set up and manage a fund online, at rnli.org.uk/foreverbythesea.

With an online fund, you can donate with minimum fuss, share the link with friends and family, and post photos and personal memories.

Forever by the Sea funds have been running for 2 years, raising over £100,000. Thank you to everyone who has already set one up or contributed.

#### Cheers!

For the more discerning palate on your Christmas list, look out for special packs of 10-year-old Talisker single malt with the Lifeboats logo.

These extra-special packs of award-winning Scotch whisky are now on sale in selected stores, including Tesco, Asda, Sainsbury's, Morrisons and Waitrose at a recommended price of £32.

The company will donate £1 to the RNLI for each pack sold. which should amount to over £50,000, such is the popularity of this Christmas dram.





Virtual gifts make a real difference

Have you considered giving an RNLI virtual gift this Christmas?

Show your support for our lifesavers, and share the generous spirit of the festive season, by making a donation in a loved one's name.

We need donations for the price of a vital piece of kit, from yellow sea boots to first aid kits. You get a card and certificate to present on Christmas morning, and also a set of postcards for yourself, as a thank you from us.

An RNLI virtual gift is a great present for a sea lover, a work colleague, or just the person who has everything.

The range is available on our website: rnlishop.org.uk/virtualgifts.

Fyne dining

Loch Fyne restaurants, long-standing supporters of the RNLI, are redoubling their efforts with a fundraising push this Autumn. The company is challenging each of its 44 restaurants to raise £500 by the end of November. Restaurants are



being encouraged to raise money in lots of different ways, from 'Fish of the Day' deals to dressing up as sailors or pirates. So if you're in the mood for a fresh seafood dinner, please support the appeal at your nearest branch (find locations on the website: lochfyne.com).

This fundraising drive, dubbed Challenge 500, is part of Loch Fyne's appeal to raise £125,000 for a new Atlantic 85 lifeboat for Lyme Regis. The appeal has already raised almost £90,000.

Loch Fyne's Richard Morris said: 'We wanted to help the RNLI keep our waters safe for the fishermen who catch the mouth-watering fish served in our restaurants. Loch Fyne is dependent on the sea and we wanted to support the admirable work of the RNLI's volunteers.'

Words: Mairéad Dwane



#### The WAVE® music system - DAB with connect kit for iPhone and iPod

#### Just plug it in and hear what you've been missing.

With the BOSE® WAVE® music system - DAB there are no stacks of components. No tangle of wires. No dials to adjust. Advanced Bose technologies inside this small system work together to fill the room with the acclaimed performance that has made Bose one of the most respected names in sound. Stuff magazine says "The Wave is probably Bose's cleverest act of shrinkage so far..." Everything you need is built in: a CD/MP3-CD player, DAB/FM/AM tuner, stereo speakers, clock and alarm – and controlled by a convenient credit card-sized remote. And now with a connect kit for your iPhone or iPod it's quite possibly all the hi-fi you'll ever need.

#### How do we do it?

It's all down to patented waveguide speaker technology. Concealed within a compact, shoe box-sized case is some



Two tapered waveguides create richer, more lifelike sound.

of our most advanced acoustic engineering. The result? Room-filling sound for your iPhone/iPod, CDs and radio: from precise, defined highs to the richest, deepest lows.

#### Call now to ask how you can receive a FREE WAVE® connect kit for iPhone and iPod worth £99 when you order before 30th November 2010



Bring every song on your playlists to life in room-filling Bose sound. The dock plays and charges your iPhone/iPod while a custom remote controls both your WAVE\* music system and navigates your iPhone/iPod.

#### A room full of sound – not equipment.

You buy a sound system to listen to music – not to spend hours positioning cables and setting it up. With a WAVE\* music system - DAB you can experience true, Bose-quality sound within moments of opening the box. "The sound is punchy and impressive ... its ability to fill a room is quite astonishing ... all one could want from a system of this kind," says Gramophone magazine.

#### Try it for 30 days, risk-free.

It's easy to add Bose performance to your iPhone or iPod music. Just purchase our award-winning WAVE\* music system - DAB and receive a free WAVE\* connect kit for iPhone and iPod. Hear it for yourself and enjoy a 30 day RISK-FREE audition in comfort of your own home – there's absolutely no risk and no obligation.

Compatible with all iPhones and most iPod models – including iPod touch and all iPods that feature a click wheel: nano, mini, photo, video and classic models.



Shown in Graphite Grey with hideaway DAB module



#### Call © free on **0800 081 3367** today

quoting reference 17217 and find out more about our:

√ 30 day risk-free home trial

✓ Easy interest-free instalment plan

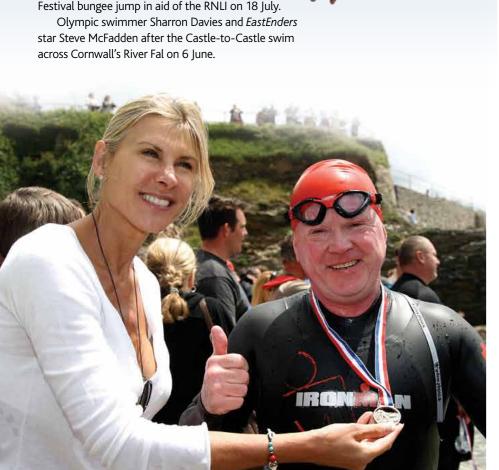
Mon-Fri: 9.00am – 6.30pm Sat & Sun: 10.00am - 5.00pm

Or for a free information pack

Text 'Bose17217' to 84118
Visit: www.bose.co.uk/wms

"Instalment plan available on credit / debit cards only and is subject to status. An initial deposit is due at the time of order and payments will be charged to your credit / debit card. There will be no interest charges from Bose but in the event of late payment credit / debit card company charges may apply. Prince/Payment Plan/free WAVE® connect kif for iPhone and iPod offer subject to change without notice. If the product is returned FREE WAVE® connect kif for iPhone and iPod must also be returned for a full refund. Offers may not be combined with any previous offer or applied to previous purchases. ©2010 Bose Corporation. All rights reserved. Risk-free refers to 30-day home trial. WAVE® must cystem is registered trademark of Bose Corporation in the US and other countries. IPod and iPhone are trademarks of Apple Inc. Quotes reprinted with permission: Gramophone magazine 08/2005, Stuff magazine 12/2006. DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Ltd. The DAB Digital Radio used with permission of Digital One Lt





18 **COASTAL LIFE** 



# People and profit

Christmas is a time when many people choose to support the RNLI by buying cards and gifts from the charity – but what makes these purchases different?

You might be familiar with the RNLI's mail order catalogue, but did you know that the charity also runs stalls at fundraising events, and shops at its stations and museums, as well as a sales website?

From every one of the millions of items sold by the RNLI each year, every penny of profit is ploughed back into the RNLI and spent where it is needed most. Added to that, the 7M or so RNLI Christmas cards exchanged each year result in increased public awareness of the charity – internationally!

This complex business is masterminded by the charity's daughter company RNLI Sales Ltd. Based at the RNLI Headquarters site in Poole, Dorset, it now trades under the name RNLIshop.

#### An enduring ethos

RNLIshop is headed by Clare McDermott, an experienced senior retail manager from the commercial sector. She joined the RNLI in 2009 seeing the potential for increasing charitable income by changing the range of products sold and rebranding and improving the retail outlets.

Clare enthuses: 'I have been lucky enough to visit many of our shops and meet the volunteers who run them and without whom we just could not operate.

'Together, we plan to make RNLIshop even more profitable because every penny and cent goes towards the work of saving lives at sea. 2009 was our best year ever with shops and branches alone achieving a turnover of £1.3M. We are hoping that we will do even better in 2010.'

For many people, buying something from RNLIshop is the first time they come into contact with the institution so it's important to have a recognisable brand that will appeal. Clare and her team want to create a shopping experience where every purchase reinforces the customers' relationship with the wider charity. They aim to give staff, volunteers and customers alike the sense that they are playing a part in the mission to save lives at sea. The challenge is to represent the values of the wider RNLI in everything RNLIshop does.

Claire explains: 'There is a distinctive ethos behind the way RNLIshop people behave, whether they are managing a stall, answering a customer's phone call or choosing a new line of products — "lifesaving shopping" is at the heart. The added twist is that we're unique among even lifesaving charities in also bringing an authentic coastal community experience to our customers.'

#### The coastal community

The emergence of RNLI retailing was initially through cake stalls run by volunteers hoping to raise money for their local lifeboat stations. Commemorative RNLI products appeared from around 1920, quickly followed by souvenirs and Christmas cards. Now, the RNLI's 132 shops attract almost 1M visitors annually.

Hundreds of volunteers and a small number of staff serve in RNLI station and museum shops, at Headquarters and in approximately 700 fundraising branches; and every lifeboat cap, T-shirt and pencil that is sold counts.

# RNLI

# Lifeboats

# LIFESAVING SHOPPING









Orderline: 0870 600 1824 www.rnlishop.org.uk

Media Code: LBX10

>>> Brian Cursley can vouch for that. He volunteers at Lyme Regis RNLIshop and has been Souvenir Secretary since he moved to the area 3 years ago. He explains: 'Prior to helping out here, I was a volunteer at a hospice in Staffordshire for 25 years. When I moved to Dorset, I thought that that, and my professional retail experience, might be helpful to the RNLI – so I offered my services.

'Our shop is on the famous stone Cobb [harbour wall]. We're open all year and have 43 volunteers working a variety of hours and shifts. I enjoy helping out: I serve 2 days behind the counter and the rest of the week either filling shelves, ordering stock or unpacking boxes.

'Our customers range from families who've come to Lyme Regis for their bucket and spade holiday to our core supporters who'll pop in regularly.' The first RNLI mail-order catalogue was produced in around 1969 and was called the *Watermark* gift catalogue until 2005. Today, its modern counterpart is received by over 100,000 customers – but online shopping is growing the fastest. Around 25% of all orders are placed in this way, helping to reduce administration costs for the charity.

Tiny local stalls continue to be important, however. At small events, volunteers are the face of the institution as they meet members of the public who might not otherwise venture into an RNLI shop or station.

If you'd like to sample their merchandise for yourself, see the RNLI events calendar in your copy of *Compass*, find your nearest RNLI shop at rnli.org.uk/nearestshop, sign up for RNLIshop emails at rnlishop.org.uk, or phone for the latest catalogue on 0870 600 1824 if not included in this magazine. See the advert opposite for some seasonal offers.



When two teens were swept into a rough sea on 28 December 2009, one was washed straight back to safety. The other wasn't so lucky, but help was on its way

A south easterly force 6 was blowing on the south Devon coast. Seas were rough and daylight was fading as the people of Teignmouth settled into the Christmas bank holiday evening. Among them, Richard Boss was watching a movie, Kevin Clifton was about to go shooting with his father, Dave Matthews was cooking tea for his son and Will Burton was opening presents with his nieces. But their comfort and joy was rudely interrupted when the lifeboat pagers sounded at 4.13pm and these four men, volunteer crew members, rushed to the lifeboat station.

Two teenage boys had been out walking along the sea wall when a large wave swept them into the water. One was fortunate enough to be washed straight back ashore, but the other, Marcus Paz (16), got caught up in a seriously turbulent sea some 30m from the sea wall at Sprey Point. The breaking waves in this spot were 2–3m high at intervals of 4–5m, rebounding off the sea

wall and clashing with the next set. Marcus clutched his rucksack, which helped him keep his head above water, while a passer-by called the Coastguard.

Just 4 minutes after the pagers sounded, the relief Atlantic 85 inshore lifeboat Peterborough Beer Festival III was launched, with Will at the helm and Richard, Kevin and Dave as crew. Time was of the essence, and the Atlantic is capable of high speeds, but racing to the scene in rough seas would have been extremely dangerous, and Will put crew safety first. The lifeboat had to cross the shallows of the Teignmouth Bar, which throws up steep, unpredictable waves when the weather turns nasty. Kevin says: 'We knew it was going to be a bumpy ride, especially over the bar, but the boat performed very well as she always does.' With great care and skill, Will brought his lifeboat and crew to Sprey Point in about 5 minutes, but the job had only just begun.

Marcus was still visible on the surface, having been in the water for just over 10 minutes, and coastguards ashore were able to point him out. Recovering him to the lifeboat was not going to be easy. Approaching from the seaward side



meant going in stern-first, as massive waves breaking over the stern would have swamped the lifeboat and made it even more difficult to control in the challenging conditions, or worse. Richard says: 'If we lost our head-to-sea position during the various manoeuvres, then we would in all likelihood have capsized.'

While Will watched ahead for dangerous waves, Kevin took up a position in the lifeboat's bucking bow, giving Will a running commentary on Marcus's position in the water. On the second attempt, they very nearly managed to get the lifeboat's port side alongside the boy but just then, another enormous dumping wave appeared ahead and Will had to square the lifeboat up to it, so the crew were again separated from their target.

It was a case of third time lucky as the next approach was a success and Richard and Dave were able to haul Marcus aboard. He seemed to lose consciousness as he was laid down on the foredeck, and Kevin began to assess his condition. But there was barely time to begin first aid before another huge wave hit the lifeboat and filled her with water, pushing him and Kevin towards the engines at the stern. Will steered away from the maelstrom of clashing waves and, in slightly calmer seas, the lifeboat drained of water. The crew helped Marcus, who was now much more alert but very cold, onto a crew seat for the bumpy ride back to station. Richard says: 'Taking care of the casualty was difficult. During the return journey, due to the rough sea state, accessing lockers

for first aid kit was close to impossible, so offering hypothermic relief simply involved forming a human blanket around the casualty to protect him from wind and spray, and heading for home asap.'

They headed back out over the treacherous Teignmouth Bar and reached the station at 4.29pm. The Coastguard had arrived by land with the other boy, and both teens were taken to hospital. They were released later that evening, a little shaken but remarkably well, considering their ordeal.

Will, who has been on the crew for almost 20 years and skippers a local trawler, says: 'It was the worst-weather shout I've been on as a helm, and the most challenging, but I've been on worse as crew years ago, sat behind my father looking for a windsurfer off Dawlish in a force 7! I think that all the years I spent sat behind my father and other helms of that era taught me a lot – picking up bits from their vast experience.'

Richard adds: 'Training undoubtedly helped, as we've undertaken man overboard exercises in extreme conditions and under stressful situations. It ran very smoothly really, we worked well as a team and no one doubted our ability or mission. Only upon return to station did we consider that the conditions were more testing than usual and that the casualty was indeed lucky to have survived. We were very pleased to have been able to help.'

Words: Mairéad Dwane Photos: Tony Watson



Above: Marcus has repeatedly expressed his interest in becoming a lifeboat crew member, and saving lives himself, when he turns 17. He has done some training with Teignmouth lifeboat crew, and is pictured with them as they show off the official letters they received from the RNLI in recognition of this rescue

Far left: Teignmouth's own Atlantic 85 lifeboat in action

THE DETAIL
THE LIFEBOAT
Relief B class B-815 Peterborough Beer Festival III
THE CREW
Helm Will Burton (36, Fisherman)

Richard Boss (44, Landscape Gardener)
Kevin Clifton (28, Deck Officer, Royal Fleet Auxiliary)
Dave Matthews (31, Construction Company Director)

24 RESCUE RESCUE 25

# A week in the sun

The south of England saw some gorgeous weather in June and early July, with crowds flocking to the Dorset coast. But it wasn't fun in the sun for everyone, as RNLI lifeguards found while patrolling the beaches ...

The unbroken 7-mile stretch of award-winning golden beaches of Poole Bay provides the perfect place for sunbathing, building sandcastles, paddling, swimming, surfing and other watersports. The last weekend of June 2010 saw thousands of people hitting Poole and Bournemouth and the RNLI lifeguards patrolling the 14 beaches were kept busy passing on advice and preventing many incidents from happening — as well as dealing with all kinds of incidents, from minor first aid to lost children. who had been from Bournem could not reach struggling out quickly, were puckly, were pack to shore. Later in the weather and the water at 6 their usual pat

The RNLI lifeguard team at Bournemouth was especially busy on Sunday 27 June and volunteer lifeguards from Bournemouth Lifeguard Corps also assisted. Among the rescues, RNLI lifeguards rescued two men

who had been drinking and had jumped from Bournemouth Pier into deep water and could not reach the shore by themselves. A group of four other men, who were also struggling out of their depth and tiring very quickly, were picked up in the Bournemouth Lifeguard Corps' patrol boat and brought back to shore.

Later in the day, because of the good weather and the number of people still in well as dealing with all kinds of incidents, m minor first aid to lost children.

The RNLI lifeguard team at Bournemouth s especially busy on Sunday 27 June and

Later in the day, because of the good weather and the number of people still in the water at 6pm, RNLI lifeguards extended their usual patrol hours to 7pm and Lifeguard Andy Reakes joined the RNLI team from further along the bay as back-up.

But it wasn't going to be a calm end to the day as Andy soon found out. He noticed a swimmer in trouble about 100m offshore and responded immediately to bring him back to the beach on his rescue board. As other lifeguards on the shore took care of him, Andy immediately paddled back out to rescue another struggling swimmer who was going under the water.

Not long after, two men in their mid-30s messing around on a bodyboard hadn't noticed that they'd drifted out of their depth. As they let go of the board, one, who was a non-swimmer, was immediately in trouble and the other, a weak swimmer, tired quickly. Andy rushed out to them, giving the swimmer his rescue board to cling to while he grabbed the other man from under the water and pulled him to the surface. Lifeguard Supervisor for Poole and

Bournemouth Ed Stevens swam out to assist and brought the man on the rescue board ashore while Andy, who was left without any equipment, used a lifesaving technique to bring the other man back to the beach. Both casualties needed oxygen until paramedics arrived to take them to hospital.

Ed says: 'With the good weather, young adults not only soak up the sunshine but drink and get into trouble when they cool off in the water. Also, many rescues were to weak swimmers who had drifted out of their depth and if the RNLI lifeguards hadn't been there, some of them may well have drowned.'

#### Bay watch

Most people think that being a lifeguard is all about glamour and rescues (thanks to a popular 1990s TV show and the media) but what doesn't make the headlines is the myriad of tasks that lifeguards do as part of their day-to-day work.

Every day starts at 10am and, before the patrols start, all the kit is checked to make sure it's in good condition and in the right place. Shoreline checks also make sure there's nothing on the beach that shouldn't be there.

Patrols are organised for the day, which rotate about every 20–30 minutes to keep the lifeguards fresh and alert. A daily log is filled in every hour, recording the lifeguard's general activities, the weather conditions, wave height, tide times, the state of the equipment and any incidents. But most of the time is spent observing (surveillance) and giving advice to the hordes of beach goers. As much as 95% of lifeguards' work is preventative – over one weekend in early July over 7,500 preventative actions were carried out on the Poole and Bournemouth beaches.

Bournemouth East Beach is ethnically diverse with many eastern European or Asian visitors. Ed Stevens says: 'This multi-cultural mix can present many challenges to us as many speak very little English. Lifeguards may even show them photographs or even draw pictures in the sand to highlight any dangers and hazards.'

He continues: 'We are kept busy making people aware of the hazards and helping them before they get into trouble and need rescuing but a small minority sadly choose to ignore it. It's often those that we pull out of the water an hour or two later.'



Above (L-R): Lifeguard Supervisor for Poole and Bournemouth Ed Stevens with Bournemouth Lifeguard Andy Reakes

Below: A hot, sunny day on Bournemouth Beach always brings out the crowds



# RNLISOS

join our biggest fundraising day











**2011** 

SOS Day 2010 raised over £500,000 for equipping and training our volunteer crew members and lifeguards. In 2011 you can get involved at school, at work – anywhere! So join in the fun this year by requesting your SOS fundraising kit and show your support for the RNLI's biggest fundraising day.

rnli.org.uk/sos rnli.ie/sos



#### >> Vital vigilance

Vigilance is essential and speed, stamina and strength are vital too. Their intensive induction programme before the season starts, along with their weekly training sessions and fitness tests that lifeguards must pass every 30 days, all help towards honing their skills and fitness. Lifeguards never know when they may need to spring into action – from one minute observing or patrolling along the beach to the next sprinting into the sea to carry out a strenuous rescue.

Saturday 3 July saw one such incident when Lifeguards David Pearce and Mickey Delahunty raced quickly to the scene after a 20-year-old Australian sustained severe spinal injuries, badly breaking his neck and three vertebrae in his back. When he dived through the waves into shallow water near a groyne at Sandbanks Beach in Poole, he hit his head on the bottom and as he surfaced he couldn't feel anything in his arms or legs.

The lifeguards used a special technique (a 'take-down') to secure the casualty and stabilise his head and neck before carefully moving him out of the water. Colleagues Craig Needham and Lewis Bacon helped to strap him carefully to a spinal board before passing him over to an ambulance crew who took him to hospital.

Dani Piovan, Senior Lifeguard on Sandbanks Beach says: 'The lifeguards' professional first aid training and fitness really came to the fore here and quickly helped to prevent any further injury.'

No two days were ever the same as the lifeguards put all their skills and training into practice over this busy 7-day period early this Summer, but they can be proud that they dealt with over 180 incidents, saved 3 lives and carried out thousands of preventative actions — and lost no one.

Lifeguards often say that a bad day at the beach is when you have to go in and rescue someone, or worse, lose someone, but a good lifeguard goes home at the end of the day knowing they have stopped countless numbers of beach users from getting into trouble.

Words: Anne Millman Photos: RNLI/(Nathan Williams, Owen Howells, Nigel Millard)



If you have trouble getting in and out of the bath and the thought of bathing has become a daunting prospect, discovering that there is a simple, affordable solution that will fit your own bath will already make your day.

And that solution is a Willowbrook Aqualift. It's the most convenient and cost effective way to enjoy full depth bathing without having to change your bathroom.

There's no need for expensive alterations and you won't lose value on your home from removing your bath. You won't even need builders or plumbers as our trained fitters will fit the Aqualift completely free of charge.

With a fitting time of less than 2 hours you'll be back bathing in no time. And it couldn't be simpler.

Just sit on the Aqualift and at the touch of a button you'll be smoothly and gently lowered into the bath. Aqualift is a quality system designed to last and shouldn't be confused with quick fix solutions and allows you to regain bath time independence at a fraction of the cost of walk-in baths.

Discover the Willowbrook Aqualift for yourself with a free home trial and rediscover the pleasure of a relaxing bath.







#### Aqualift

# The simple solution that fits your own bath

- No need to change your existing bathroom
- No building or plumbing alterations required
- Free installation in less than 2 hours by our trained fitters
- · Fully guaranteed

#### And is easy to use

- Lowers and raises you at the touch of a button
- Retracts to allow normal bath use by others
- The perfect solution at a fraction of the price of walk-in baths

For a brochure or a free home trial Call 0800 028 2802





Double jeopardy

# Two mayday calls in quick succession put Walton and Frinton lifeboat crew on high alert

A motoryacht's two crew issued a mayday just before 1pm on Monday 21 June, after suffering engine failure. The boat was drifting towards a sandbank, 6 miles east of Walton, Essex, in waters too deep to anchor.

Working at the station, lifeboat Mechanic Karl Bigwood recalls: 'The mayday got an instant response – the lifeboat crew were on their way.' Within minutes, a second mayday from the same vessel was transmitted. A woman onboard the motoryacht had fallen and sustained a spinal injury.

It took just 8 minutes from paging the Walton and Frinton crew to launching the lifeboat. The conditions were fair, force 3–4; the Tyne class lifeboat *Kenneth Thelwall II* made good speed at 18 knots. Coxswain Gary Edwards comments: 'It was potentially very serious – if the boat had hit the bank with the woman in that condition ...'

A search and rescue helicopter from RAF Wattisham in Suffolk, on exercise nearby, was diverted to the incident. As the lifeboat joined the helicopter on scene, 35 minutes after launching, Karl recalls: 'We found the motoryacht rolling in the shallows of the sandbank. It was tricky.'

This constant movement made it too risky to winch the injured woman directly from the motoryacht into the helicopter and the option of transferring her to the lifeboat first might aggravate her condition. Between them, the RAF Pilot and the Coxswain devised an alternative plan and quickly put it into action.

First Gary manoeuvred the lifeboat alongside the yacht to transfer two crew. He picked two experienced lifeboatmen, Trevor Halls and Simon Berry, to assist onboard the yacht. As soon as they jumped safely across, Gary whisked the lifeboat away. It was a textbook manoeuvre, often practised in training.

Trevor and Simon then checked over the boat and the couple onboard. They learned that the woman's condition was complicated – she had a tumour on her spine. She was stable, however, and the crew set about establishing a tow.

Avoiding any sudden jerks that might cause the casualty more pain, the lifeboat towed the motoryacht out of the swell into smoother waters. The Coxswain headed into the wind at a steady 5 knots.

Now that the motoryacht was more stable, the helicopter hovered over her and, keeping pace, lowered a winchman safely aboard. Trevor and Simon helped the winchman manoeuvre the woman carefully into a double strop (two ropes around waist and legs). Within seconds she was safely in the helicopter and on her way to Ipswich Hospital, about 9 minutes by air.

The two lifeboatmen remained on the motoryacht with the skipper while the lifeboat towed them to Levington Marina, within easy reach of the hospital. At 5pm, after a 45-minute passage home, the lifeboat was made ready for service once again.

The crew were pleased to have helped the pair, but Karl is matter of fact about the key role they played in the rescue: 'You just get on and do your job.'

Words: Bethany Hope

Photos: Nigel Pepper, Nicholas Leach



#### THE DETAIL

#### THE LIFEBOAT

Tyne class ON-1154 (47-036) Kenneth Thelwall II

#### ON STATION

12 May 1996, funded by a gift in the Will of Kenneth Thelwall

#### THE CREV

Coxswain Gary Edwards (Shipwright), Full-time Mechanic Karl Bigwood, Second Coxswain Trevor Halls (Boat Yard Proprietor), Assistant Mechanic Richard Wyatt (Boat Yard Proprietor), Crew Members Matthew Oakes (Window Cleaner), Simon Berry (Freelance Skipper), John Hale (Independent Stock Trader)

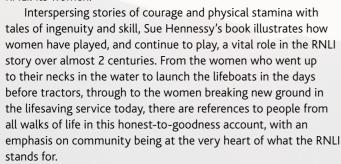
WHALES GET THE

# REVIEW

# Hidden Depths: Women of the RNLI

by Sue Hennessy Review by Jayne Woods

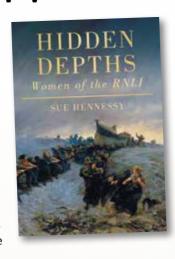
Gentle, informative and entertaining, *Hidden Depths: Women of the RNLI* is a charming collection of bite-sized portrayals of the often-unsung heroes of the RNLI: its women.



Among those featured are some of the women who have made their mark as crew members, lifeguards, fundraisers and donors, although special tribute is also paid to the scores of women who have supported the charity tirelessly in the background while their family members served the RNLI at sea.

Finishing with a short section on the author (the first Principal of the Lifeboat College in Poole) giving a clear insight into what inspired her to write the book, *Hidden Depths* is immensely readable and will appeal to anyone who loves history (or should that be *hers*tory?) and the RNLI.

Paperback book
Published by The History Press
ISBN 9780752454436
Price: £14.99
(The author has kindly donated a quarter of her royalty to the RNLI and the publisher is paying £1 per copy.)



#### The RIB: The Rigid-hulled Inflatable Lifeboat

by David Sutcliffe Review by Carol Waterkeyn

This is the unusual record of a very special college created from the vision of Educationalist Kurt Hahn in 1962; the determination and steadfastness of first Headmaster Rear Admiral Desmond Hoare; and health and safety practices that certainly wouldn't be allowed today!

Author David Sutcliffe was a member of staff at Atlantic College in south Wales, and Headmaster from 1969 to 1982. He is uniquely positioned to write about the development of the Atlantic rigid inflatable lifeboat at the college and the trials and tribulations of bringing the lifeboat design from paper to reality. Add to that a bunch of international sixth-form students, many prototype boats along the way, and the craft's later adoption by the RNLI and other lifeboat services, and the whole account becomes a strange melting pot of influences.

The RIB has transformed boating the world over, not just at the RNLI. The College also continues to exist today with a new name – the United World College of the Atlantic. Since 1964 it has, in addition, been the location of one of the RNLI's lifeboat stations. Situated on the edge of the Bristol Channel, and with a tidal range of up to 15m, it is one of the most challenging locations to sail in the world.

Lifeboats there are still crewed by the students and staff – some of whom were the charity's first-ever female crew.

As well as being a fascinating historical record on the development of lifeboats, this book is also a heart-warming story, sometimes so surprising you could be forgiven for thinking it was fiction – but I promise it isn't.

Paperback book Published by Granta Editions ISBN 9781857571035 Price: £15



# Charles Dixon and the Golden Age of Marine Painting

by Stuart Boyd Review by Carol Waterkeyn

Charles Dixon was one of the greatest maritime artists, living from 1872 to 1934, during a most prolific period for Britain's seagoing culture. It culminated in the time of the great ocean liners and, throughout, British shipbuilding was admired and respected the world over.

Charles Dixon therefore had a huge range of subjects to paint and draw and he exhibited at the Royal Academy of Arts and the New Watercolour Society for many years until his passing. This book brings together many of his most iconic works, including The Royal Yacht Britannia Winning at Cowes of 1933, Clearing the Dockside at Southampton (RMS Titanic); The Battle of Jutland; and Britain's First Two Ironclads (HMS Warrior and HMS Black Prince).

The artist favoured The Solent and the Thames as locations but there are also works included in this wonderful book emanating from the Netherlands, Egypt, and other, mostly nautical, locations.

The RNLI is lucky enough to have several of Charles Dixon's paintings in its Heritage Collection, including notably one of a Cromer lifeboat rescue entitled *The Coxswain Driving the Cromer Lifeboat on to the Deck of the Barge*. This painting appears in Stuart Boyd's book and depicts the Silver Medal service of Coxswain Henry Blogg to the *Sepoy* in 1933, in which he rescued her two crew members.

This is a beautifully produced book, well researched, written and illustrated and an inspirational gift for those interested in maritime art.

Hardback book Published by Halstar ISBN 9781906690151 Price: £29.99

**Special offer for readers of** *the Lifeboat:* phone the author on 01202 423953 to order direct and receive free postage and packing.



#### Do Whales Get the Bends?

by Tony Rice Review by Lucie Grisdale

Tony Rice is a former marine biologist who now spends his time lecturing about his experiences and knowledge of the ocean on cruise ships.

Since retiring he has been able to spend more time exploring the sea – and life in the sea – for himself. This book records over 100 of the most frequently asked sea-related questions, including What is scampi, What causes ocean currents, and Does drinking seawater drive you mad? Tony Rice goes into detail in answering each but in an informal and light-hearted manner. He also uses a range of useful diagrams throughout to illustrate particular aspects of the sea, for example: Is the sea flat?

Rice has written the book in a format that considers those people who may not be interested in reading all of it at once, dipping into questions that interest and relate to them at the time. Because of this, he has made sure any one section makes sense alone. This makes it easy to pick up and read a few points of particular interest while having a cup of tea but with the downside that many things *are* repeated if you were to read the book straight through. That said, it would make a novel present for older children and adults alike.

Paperback book Published by Adlard Coles Nautical ISBN 9781408113264 Price: £9.99



#### How to order:

Unless other details are stated, all books reviewed here are available from good bookshops and online from Amazon via the RNLI website at rnli.org.uk/amazon. (Amazon will donate a minimum of 5% of the value of all such orders to the RNLI but you must access Amazon via the RNLI website and not go direct.)

•••••••••

32 CLOSE UP

# Whose sea is it anyway?

### The RNLI's lifeboats operate to 100 miles from shore – but who controls the waters they navigate?

#### Freedom of the Seas

Across the world, land has been divided by mankind through war, conquest, colonisation and treaty, while rivers and mountains form timeless natural boundaries. The sea, however, has no distinctive surface features – it is a vast, briny expanse. How can it be defined?

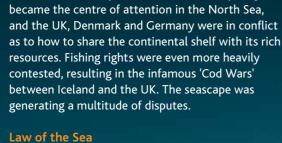
In the early 1600s, Dutchman Hugo Grotius formulated the principle of Mare Liberum: all waters were free to all nations but belonged to none of them. This Freedom of the Seas gave mariners legal rights to roam the high seas.

A century later, fellow national Cornelius van Bynkershoek argued that coastal states have a territorial right to the adjoining waters to the distance that a cannon could fire from shore – about 3 nautical miles. It wasn't until the 20th century that commercial activities like fishing and mining had an economic impact on the oceans and nations extended this limit. By the mid 1960s, only 25 nations still used the old 3-mile limit, while 66 had set a 12-mile territorial limit and 8 a 200-mile limit.

But all was not peaceful. Offshore oil quickly became the centre of attention in the North Sea, resources. Fishing rights were even more heavily contested, resulting in the infamous 'Cod Wars' between Iceland and the UK. The seascape was

In 1967, Malta's Ambassador to the United Nations (UN) urged members to discuss the fair and responsible use of the world's oceans. The UN Convention on the Law of the Sea was the result in 1994. It set limits on how much coastal water and seafloor a nation could claim. Navigation, mining and protection of the environment were also included.

The territorial sea – the aquatic boundary along a nation's coast that extends its terrestrial boundaries - was at last set at 12 miles. To the present day, countries bordering the North Sea all claim the 12 miles for their exclusive fishing rights.



#### **Contentious zones**

For the most part, the UK's territorial sea does not adjoin that of any other state. Where, however, the sea is narrower than the 12-mile limit different rules apply. In the Dover Straits, as in all straits, the UN Convention determines the waters are international. A specific UK–France agreement set the practical territorial sea limits in the English Channel but between the UK and the RoI, the situation is more complex. What to do adjacent to the border of Northern Ireland and the Republic? No boundary has ever been decided. Instead, there is joint management of the sea loughs by the Foyle, Carlingford and Irish Lights Commission's Loughs Agency.

Looking beyond territorial sea limits, the Convention also set exclusive economic zones (EEZs) out to 200 miles. In areas of sea smaller than 200 miles across, the convention specifies that EEZs can extend to a line midway between neighbours. Each coastal nation has sole exploitation rights over all natural resources in its EEZ. The UK, for example, has claimed exclusive rights to the production of energy from water and wind.

RNLI lifeboats will sometimes pass into foreign EEZs while on a rescue mission, especially if they are based in such far-flung places as the Channel Islands or Shetland Isles (see diagram).

#### It's mine, for(e) shore!

Moving closer to home, what of the foreshore? In most of the UK, this is defined as the area between mean high water and mean low water, though in Scotland it is the spring tidal range. In the RoI, the foreshore extends to the full 12-mile territorial limit.

Around 55% of the foreshore and approximately half of the beds of estuaries and tidal rivers in the UK are owned by The Crown Estate. The other 45% is owned by bodies including the Duchies of Lancaster and Cornwall, local and port authorities, statutory environmental bodies, Government departments and others. The National Trust owns nearly a tenth of the coast of England, Wales and Northern Ireland. In the Rol, the entire foreshore is presumed state owned unless proven otherwise.

Beyond the UK foreshore, The Crown Estate also owns virtually the entire seabed out to the 12-mile limit. It grants leases, licences and consents for activities such as harbour development, dredging, routes for cables and pipelines – and lifeboat stations!

The RNLI holds access and foreshore licences, and leases ranging from 1-999 years in length, from a multitude of owners. Some facilities have long, single leases with local councils, as with the new lifeboat stations at Padstow and Tenby. Having spent £Ms in construction, this brings stability for the charity.

Others involve several parties, for example Sennen Cove lifeboathouse is owned by the RNLI but part of the two slipways at this unusual station is owned by The Crown Estate and part by the Duchy of Cornwall, which retains the right to hunt there!

#### Harbour waters and beyond

Every statutory harbour authority regulates activities within their jurisdiction, attempting to balance the needs of safety, conservation, industry and development. But the Port Marine Safety Code has been developed to improve safety and to manage marine operations to nationally agreed standards. It gives harbour authorities the power to enforce byelaws and ensure the safety of harbour users. Speed limits are usually low but lifeboats can request 'best speed with caution' when departing for a rescue.

Authorities may also be subject to the European Habitats Directive and have a statutory duty to balance nature conservation with their other duties. Many harbours and ports are within marine protected areas, special protection areas and sites of special scientific interest and some areas have World Heritage Site status.

As a result they are required to follow strict guidelines when issuing licences for works that could affect the harbour. When the Lifeboat College in Poole was built, the RNLI had to decontaminate the land, previously the site of a chemical works, and gain consent from Natural England to dredge and place piles in the seabed.



Lifeboats can sometimes cross these boundaries en route to a rescue



# Honour 'The Few' with the official BATTLE OF BRITAIN 70TH ANNIVERSARY WATCH



#### SEND NO MONEY NOW

#### BRADFORD EXCHANGE

RESERVATION APPLICATION

**Please Respond Promptly** 

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please reserve the official Battle of Britain 70th Anniversary Watch for me as described in this advertisement. I need SEND NO MONEY NOW!

Certificate of Authenticity and 30-day Money-back Guarantee

•	•
Name (Mr/Mrs/Miss/Ms) Address	(PLEASE PRINT)
	_Telephone
Email Address	
Ciava atu wa	

From time to time The Bradford Exchange may allow carefully screened companies to contact you. If you do not wish to receive such offers, please tick box

Order Ref:P269516

#### first to acquire this magnificent new Battle of Britain 70th Anniversary Chronograph. EXCLUSIVELY ENDORSED BY A SURVIVING MEMBER OF 'THE FEW'

Wing Commander Tom Neil DFC\* AFC AE is one of the original fighter aces of the iconic battle. Credited with a total of 17 victories in the war (13 in the Battle of Britain), he embodies the tenacity of 'The Few' like no other. Today he lends his signature to this world-first watch – expertly engraved on the reverse and accompanied by Churchill's stirring words "Never in the field of human conflict was so much owed by so many

Reminiscent of the watches worn by World War Two pilots, ours is handcrafted and boasts an oversized crown and numerals, a precision movement, genuine leather strap and a wealth of authentic detail on the face. For a contemporary finishing touch it is fully plated with 22-carat rose gold.

#### HESITATE AND YOU WILL MISS OUT - RESPOND TODAY!

Our **official Battle of Britain** signature chronograph is **limited to just 4,999 worldwide**. Your timepiece arrives with a Certificate of Authenticity and is payable in 5 easy monthly instalments of ONLY £24.99 - exceptional value at just £124.95 (plus a total of £9.99 postage and handling)\*. To reserve yours, backed by our 30-day money-back guarantee, send no money now - simply fill in and post the Reservation Application today.

#### www.bradford.co.uk

If ordering online, please quote reference code P269516 \*Offer applies UK only. A credit check may be carried out by a licensed credit reference agency. Full Terms and Conditions are available on request The Bradford Group, 1 Castle Yard, Richmond, Surrey TW10 6TF.



#### >> International regulations

Beyond the confines of harbour and ports, the water can be an extensive and unregulated environment. Whoever owns the foreshore or the seabed doesn't own the water above it, nor do they govern access. In tidal navigable waters 'ships of all States ... enjoy the right of innocent passage through the territorial sea' but vessels must navigate in accordance with the International Regulations for Preventing Collisions Operations as Chairman, the charity helps to at Sea (COLREGS), produced by the International Maritime Organization (IMO). These set out the 'rules of the road' to be followed by ships and other vessels at sea – including lifeboats. One important innovation in the COLREGS was the recognition of traffic separation schemes at sea. Following a series of collisions, the first such scheme separated shipping into two lanes in the Dover Strait, which is the busiest international seaway in the world. So strict is this scheme that a Coastguard spotter plane patrols for miscreants, and cross-Channel swimmers must book their exploits with the Channel Swimming Association and the Channel Swimming and Piloting Federation.

Other international laws in operation that affect RNLI crews, leisure boaters and oil tanker skippers alike include the 1974 Safety Of Life At Sea (SOLAS)

Convention and the 1978 (amended 1995) Standards of Training, Certification and Watchkeeping for Seafarers (STCW). (The RNLI's first aid, sea survival, firefighting and approved engine courses are all STCW approved.)

But the RNLI is no passive recipient of regulation. Through membership of the International Maritime Rescue Federation (IMRF), with its Director of formulate international policy and regulations to ensure the safety of all water users. Currently, one such co-sponsored project is to produce a rescue boat code to be adopted internationally. The RNLI is also a founder member of the National Water Safety Forum in the UK and of Irish Water Safety, and is represented on various watersports' governing bodies. These strive to change the attitude and behaviour of those using the sea by improving knowledge and training through education and awareness initiatives.

There are still no statutory requirements for safety signage, public rescue equipment or lifeguards at the coast but the charity is leading the way in providing free coastal risk assessments. These identify hazards above and below the tide lines and recommend appropriate safety measures.

Sennen Cove's Tamar class lifeboat launches down a slipway owned by both The Crown Estate and the Duchy of Cornwall



### **Jungfrau Express** – 10 days from £ 1,678

Delightfully Swiss Meiringen inspired Sir Arthur Conan Doyle and provides your alpine base for lake cruises, panoramic steam trains and mountain railways, climbing to Europe's highest station.

#### **Your holiday itinerary**

#### Day 1: To Luxembourg & the Bernese Oberland.

Depart St Pancras International for Brussels, continuing to Luxembourg for overnight stay.

#### Day 2: Through the Bernese Oberland, Train to Basel.

joining the renowned Swiss rail network through mountains and passing glacial lakes to Meiringen for seven nights.

#### Day 3: Introduction to

Meiringen. Mountain railway to the nearby Reichenbach Falls where Sir Arthur Conan. Doyle chose as the setting for Holmes to plunge to his death. Visit to the Sherlock Holmes Museum and time to explore



Day 4: Kanderstag & Lake Thun. Free time in a real gem of an Alpine village and the opportunity to take a cable car to Oeschinensee, then on to Lake Thun for a cruise to Interlaken.

Day 5: Steam mountain railway up Rothorn. Train to Brienz to take the steam railway 5,000 feet to the summit of Rothorn with spectacular views of snowy mountain peaks. Steamer cruise on Lake Brienz on the

way back.

Day 6: To the highest station in Europe. Travel on the Bernese Oberland Railway via Lauterbrunnen to take the extraordinary Jungfrau Railway which tunnels through the Eiger to Jungfraujoch, Europe's highest station at 11,333 feet (3,454m). Visit to the glacier and ice caves before returning to Meiringen

via Grindelwald and Interlaken.

Day 7: Mountain cable car ride. Cable car 7,381 feet (2,250m) to Alpentower for panoramic views of over 400 mountain peaks and time for a walk through alpine meadows.

Day 8: A day at leisure. Free time in Meiringen and the opportunity to explore the region using the included Bernese Oberland Regional Pass.

Day 9: To Cologne. Travel from Meiringen via Lucerne to Basel, then on through Germany, passing fairvtale castles and vineyards of the picturesque Rhine Gorge to Cologne for overnight stay.

Day 10: To Brussels & London. Depart for Brussels and the Eurostar to St Pancras International.

#### Great value, with all this included:

- First Class rail travel to & from Switzerland
- Standard Class rail travel in Switzerland
- 9 nights' hotel accommodation with breakfast each day
- 8 dinners
- Bernese Oberland Regional Pass
- 3 full day and 2 half day excursions as described
- Accompanied by an experienced Tour Manager

TRAVEL in comfort on modern railways

**EXPLORE** famous cities and towns

MARVEL at awe-inspiring sights and see more of the beautiful scenery

WAKE UP refreshed and relaxed in comfortable hotels

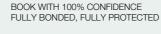
**DISCOVER** a wealth of information from friendly. experienced Tour Managers











2011 Departures									
	May	5	£1,678	Aug	4	£1,72			
		12, 19, 26	£1,698		11, 18, 25	£1,69			
	Jun	2	£1,698	Sep	1, 8, 15, 22	£1,69			
		9, 16, 23, 30	£1,728		29	£1,67			
	Jul	7, 14, 21, 28	£1,728						

No-one does rail holidays like



Dates and prices are subject to availability. Prices shown are per person based on 2 sharing. Terms and conditions apply.

01904 734 397 Visit: www.GreatRail.com/Alps



#### >> Protecting the seas

Part of the UK Government's Maritime and Coastguard Agency's remit is to minimise the risk and impact of pollution of the marine environment from ships – its motto is 'Safer lives, safer ships, cleaner seas'. The RNLI duly makes sure it maintains its craft for both speed and good stewardship of the environment. The UK is also party to several international agreements that provide for cooperation in dealing with major marine pollution incidents, including the Mancheplan (English Channel), UK-Ireland and Anglo-Isle of Man agreements, which also cover search and rescue operations. Fishing quotas and exploitation of resources have always incited lively debate but initiatives such as no-take zones and marine conservation zones play an important part in maintaining the long-term health and sustainability of the oceans.

However, less than 1% of UK coastal waters are fully protected so the Government has planned a network of Marine Protected Zones by 2012. The Marine Conservation Society (MCS) has suggested 73 sites. The public can nominate their own or vote for or against the MCS sites where activites like fishing, dredging and construction would be banned.

The MCS also publishes an annual Good Beach Guide, recommending only those beaches with the very best water quality in the UK. For the last few years, the RNLI has been working with this charity towards both cleaner and safer beaches.

As island nations, we have a rich and complex relationship with the sea, with its all-embracing presence in the UK and Rol. Moving on the 17thcentury principle that all waters are free to all nations but belonging to none of them, the 21st-century aim is to provide 'clean, safe, healthy, productive and biologically diverse oceans and seas' that will be sustainable for everyone. Governments, international organisations and stakeholders from the public, private and voluntary sectors, including the RNLI, are continually working towards this goal.

Photos: Steve Bicknell/Icarus, Tim Stevens,

Words: Anne Millman

RNLI/Nigel Millard

Above: The RNLI trains its volunteer crews in both day and nighttime navigation

Below: The RNLI works with the MCS on its annual Good Beach Guide. where you can find lifequarded beaches



To **BOOK** or request a brochure call:

#### **Peter Christian Special Offer Moleskin Trousers**

### 100% Cotton Flat Front

# Moleskin Trousers

Special 6 a pair when you buy two pairs or more

Why pay £80 plus for trousers of this quality when you can buy two pairs of Peter Christian moleskins for the same price? Winter weight, warm and smart, with a classic flat front - in soft, 100% cotton. Five great colours Pine, Fox, Gunmetal, Loden and Indigo.

They are the only moleskin trousers with our Original Peter Christian Comfort System. The ultimate waist comfort system that flexes with your every move. Too tight? The waistband expands to give you more room. Hidden waist adjusters that give up to 2 extra inches of comfort.

- 100% soft cotton moleskin
- French bearer zip fly front
- 1 buttoned & 1 zipped hip pocket
- Tough deep side pockets

Free return service and money back guaranteed if not delighted





# Peter Christian

Order Now QUOTE 23V41 01273 493 393 open 8am-10pm 7days a week www.peterchristian.co.uk/lbv

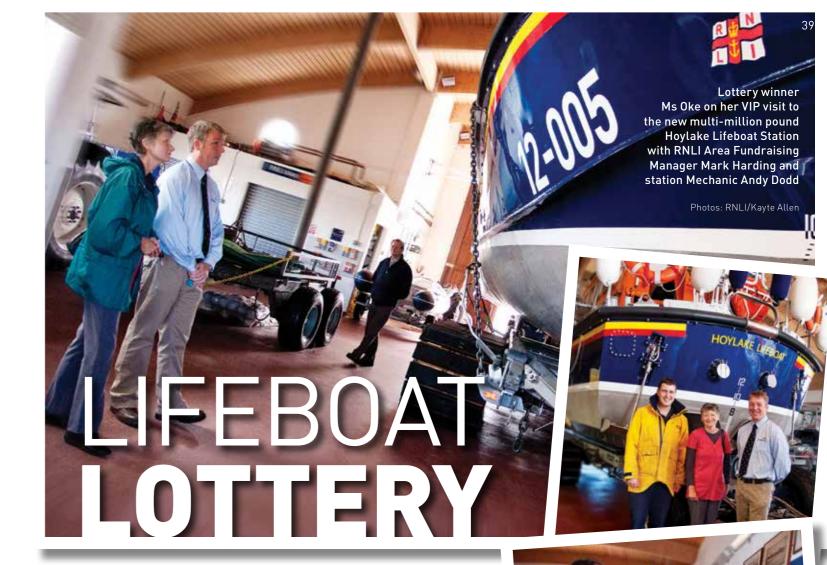
> Men's Apparel & Accessories Catalogue Award Winner 2010



By phone quote 23/V/41 or please send your coupon & payment to:

Peter Christian, 25 Mackley Estate, Henfield Road, Small Dole, West Sussex, BN5 9XR

Please send me	Code	Colour	Waist	Ins Leg	Qty	Total
Moleskin Trousers	MT20	Colour	Traiot	ino Log	Qıy	Total
Moleskin Trousers	MT20				Н	
Moleskin Trousers					$\vdash$	
Colours: Pine, Fox,					p&p	£5.00
Waist: 32, 34, 36, 38		44, 46, 48, 50, 5	52, 54, 56	-	!	20.00
Inside Leg: 28, 30, 3	oz, 34				otal	
I enclose a cheque	made	out to Peter C	hristian for	- f		
or please charge n			Card Tv			
1	iy credi	ii/debii caid.	Caru ry	/pe		
Card No						
Valid	Expir	-v	Maestro		3 Digi	
From	Expii		Issue No		rity No	
Please allow up to 14					•	
other companies pleas	se tick th	e box		us to pass y	your u	ctairs off to
A Division of Hills of			04767802			



#### **SUMMER LOTTERY**

Ms Oke of Cheshire scooped the £5,000 first prize in the Summer Lifeboat Lottery and enjoyed a visit to Hoylake Lifeboat Station to celebrate her win.

The other cash prize-winners were: 2nd prize: £2,000, Mr S Hill, Derby

3rd prize: £500, Mrs M Brooksbank, South Humberside

4th prize: £250, Mr WI Paul, Isle of Arran

Five prizes: £100 each; Mrs M Potts, Cumbria; Mrs Bottomley, London; Mrs P Foster, Cornwall; Mr MG Stribbling, Kent; Mr | Englefield, Berkshire.

### IT'S A SUPERDRAW!

The Winter Lifeboat Lottery is a Superdraw with bigger cash prizes. So help the RNLI save lives at sea and be in with a chance of winning £7,500! Second prize is £4,000; 3rd is £1,000; 4th is £500; and there are five prizes of £250.

Tickets will be mailed to supporters on 15 October. If you don't usually receive tickets and would like to, please call 0845 121 4999 or email lottery@rnli.org.uk.



Please note that due to differing tax and gaming laws, Lifeboat Lottery tickets are only available in England, Scotland and Wales. For full details (including terms and conditions) please go to rnli.org.uk/lottery or see your Lottery letter.

#### LIFEBOAT AND HOVERCRAFT LAUNCHES April-June 2010

**ABERDEEN ON-1248(17-24)**:Apr4 D-694:Apr1,22,May10,20, Jun 2 12 27[x2]

**ABERDOVEY** B-758:May1,9 **ABERSOCH** 

B-790:Apr11(x2),14,16, 17,24,May22,24,30,31, Jun5,7,8,12(x2),27

**ABERYSTWYTH** B-822:Apr11,24, Mav1.3.9.12..Jun4.6.22

**ACHILL ISLAND** ON-1240[14-28]: Mav10..Jun20

AITH ON-1278(17-45):Apr2,24 **ALDEBURGH** 

ON-1193(12-34):May20 D-673:Apr25,May30 **ALDERNEY** 

ON-1213(14-15): May14, Jun3, 7, 22 AMBLE

ON-1176(12-19):Apr30, May23,26,Jun15 D-569:Apr30,May18,23, 26.Jun15.26

ANGLE ON-1291(16-11):Apr2,3, 11,18,May1,28,Jun7,26(x2) D-638:Apr18,May3,

Jun3(x2),5,10,13,28(x2) **ANSTRUTHER** ON-1174(12-17): Apr10, Jun19, 29 D-667: Apr16...Jun7.26

**APPLEDORE** ON-1296(16-16):Apr15, May16,20, Jun4

B-742:Apr15,16(x2),19, May3.24. Jun4.8.13.19.30 BB-502: May 2, 12, 16, Jun8.23.29

**ARANISLANDS** ON-1217[17-06]: Jun8,12,15,18,28(x2) ON-1263(17-34):Apr5,10,

May9.29.30..Jun3[x3].5 ARBROATH ON-1194(12-35):Apr25,27,

May22,23,Jun6,22,29 D-621:Apr25,27,May1,23, Jun6,14,18,22(x2),29

ARKLOW ON-1223(14-19):Apr30,

Jun6.19 ARRAN (LAMLASH) B-770:May8,23 ARRANMORE

ON-1244(17-22): Apr8,24,25,May12,20,21, 26,31,Jun5,6,8,19 **BB-015:** Jun19

ATLANTIC COLLEGE B-763:May23, Jun27

**BALLYCOTTON** ON-1228(14-24):Jun11 ON-1233(14-25):Apr10, May4,8,9, Jun11,17

**BALLYGLASS** ON-1235(17-15):

May14,22,26 BALTIMORE ON-1137(47-024):

Jun19,30 B-708: Apr8, May 19, 30, Jun11,19,20,21

BANGOR B-805:Apr11,19,29, May2,17,23,31(x2),Jun4 BARMOUTH

ON-1185(12-26): May2, Jun12, 26 D-678:Apr23,24,25, May2(x2)

**D-720**:May23,27,29,30(x2), Jun3(x4),26(x2),27 BARRA ISLAND

ON-1230(17-12): Apr25,May18 BARROW

ON-1288(16-08):Apr13,17, May25 D-567: Apr13,17, May 8,

Jun6,27 **BARRY DOCK** ON-1245(14-29):Apr15,18,

May30, Jun2, 3, 18, 21, 25, 26, 27(x2),28 BB-450:Apr15(x2),

Jun25,27 **BEAUMARIS** B-838:Apr2,3,18(x2),19,25,

May2,3(x2),15(x2),22, 23(x2),24,25(x2),26,31(x5), Jun4,9,11,12,20(x4),25(x2), 26,27,28,30

BEMBRIDGE

ON-1124(12-001): Apr15,24,May2,7(x2),18, 20, Jun6, 18, 19(x2), 21 D-649: Apr4,10, Jun3.19(x4).27

**BERWICK-UPON-TWEED** ON-1191(12-32): Jun7 D-639:Apr2,26,

May16(x2), Jun22, 25 **D-705:**May26,Jun7 **BLACKPOOL** B-748:Apr10(x2),11,May17

**D-729:**Apr11,30,May3,12, 15.17 **D-732**:Apr11,30,May3,12,

15,17,Jun15 RI YTH D-606:Jun2,5

**BRIDLINGTON** ON-1169(12-12): May 2, 25 **D-721:**Apr9, May8,22(x2),24

**BRIGHTON** B-737:Apr24,25, May10(x2),15,16(x2),22, 23(x3),24,25(x3),Jun3,12, 18,22,26,Jun27(x2),29

B-768:Apr17,18 **BROUGHTY FERRY** ON-1252(14-31):Apr12,16, May18, Jun12, 25, 28, 29

**D-695**:Apr10,12 D-698:Apr16(x2),19, May5(x2),9,12,17,18,20,

Jun12,28,29 BUCKIE ON-1268[17-37]:Apr17. May2,28,Jun2,4,11,25,30

BUDE D-617:Apr11.Jun28 RWC-010:Apr11 BUNDORAN

B-834:Apr6,May13,23, 27.30

**BURNHAM-ON-CROUCH B-733**:Apr16(x2),20,29, May6,8,10,14,16,23,29, Jun5.15

**D-672**:Apr16,Jun26(x2) BURNHAM-ON-SEA B-795:Apr11,18,May22, 23.30(x2).Jun16 D-664:Apr9,18,

May22,23,30

BURRY PORT

D-611:May2,15,23(x3), 31(x2),Jun23,27 D-625:Apr13(x2) CALSHOT

ON-1157(47-039):Apr5.8. 13,17,27(x2),29,May2,10,17, 26,30,Jun4,7,11(x2),19(x3) D-609:Apr8(x2),11,13,15, 17,29(x2),May1,10,17(x2), 26,29,30,Jun2,3,4,7,11(x2), 15.19

CAMPBELTOWN ON-1241(17-19): May 20 D-571:May2,Jun19

CARDIGAN B-752:Apr6,10 B-754: May 11, 16, 21, 28, Jun3,5(x2),11,16,18(x2),22 D-604:Apr6

D-709:May11,21, Jun3.5.8.18.21.22.23 CHISWICK

E-002:Apr3,11 E-003:Apr10(x2),11(x3), 16[x2].17[x3].18.20.23. 24(x2),26,29,May2,3,4, 5(x2),6,7,14(x2),23(x3), Jun22,23(x4),26,27,28,

29(x3) E-006:Apr4[x3].5.22[x2]. May8,11,12,17(x2),18, 21(x3),24(x2),28,Jun1,2(x2), 5,7(x2),9,11,12(x2),

16,17(x2),19(x2),20(x2) CLACTON-ON-SEA B-744:Apr26,May15,22, 30(x2).31.Jun5.12.29 D-723:Apr15,26,May31,

Jun1.5.29 CLEETHORPES D-618:Apr18,19,22,27, May23,24, Jun1,7,8,12,13,

14.16.19.22.30 CLOGHER HEAD ON-1190(12-31): May 23. Jun13 15

CONWY D-627:Apr9,May5,24,25, 28, Jun 3, 5(x 2), 16, 24, 26 COURTMACSHERRY HARBOUR

ON-1205(14-07):Apr12.19. 25, May 2, Jun 2, 19

The launches listed here are those for which returns had been received at RNLI Headquarters and processed by 7 July 2010.

COURTOWN D-711:May22,Jun4,24

COWES B-810:Apr15,30,May17,19, 24.31.Jun19

CRASTER D-703:May22 D-705:Mav14 CRICCIETH

> A-73:Apr14,May22,26, Jun3.26.27 B-823:Apr10,17,18, May4,8,22,26,Jun3,5,17, 26(x3),27

CROMER ON-1287(16-07): Apr26.Jun26 CROSSHAVEN

B-782: Apr12,13,14,15, May2,4,9,16,17,23,29, Jun10,13

CULLERCOATS B-811:Apr6,19,28,May22, Jun3(x3),11(x3),20 DART D-702: Apr27, May2, 17, 22,

27,30,Jun11,13,15,20,21 DONAGHADEE ON-1267(14-36):Apr5 DOUGLAS ON-1147(47-032):Apr15

DOVER ON-1220(17-09):Apr12,21, 26, May 3, 14, 18, Jun 5, 12, 19, 23.25

> **DUN LAOGHAIRE** ON-1200(14-05):Apr4,13, May5,17,23,Jun5,21,28 D-532:Apr9,10,25, May13,22,Jun1(x2),4 **D-731:** Jun12,20(x2),21,

26,27 DUNBAR ON-1266(14-35):Apr25, Jun13.19.24 D-635:Apr22,25(x2), Mav1..Jun13.24

**DUNGENESS** ON-1186(12-27): Apr11.May8 **DUNMORE EAST** ON-1215(14-17): May29..Jun6[x2].7 **EASTBOURNE** 

26,29

ON-1187(12-28): Apr11,17 ON-1195(12-36): May1,2(x2),10,15(x2),21, 25(x2), Jun13, 29(x2) D-605:Apr17,20,28,29, May2,15,19(x2),23(x3), 24(x2),25(x2),Jun2,4(x2), 5(x2),13(x2),23,24,25,

**ENNISKILLEN** B-702:Apr4,5,May23(x2), 26,Jun5,24,27 B-703:Apr5,22,29,30, May3,8,Jun11,17 RWC-052:May23,26,Jun5 RWC-054:Apr22,29,30, May8 Jun1117

EXMOUTH ON-1178(12-21):Apr3,4, May16.26..Jun6 D-602:Apr11,18,30, May1,2

D-669: May 15(x2), 28, Jun3,6,7,10,13,15,20,22,27 **EYEMOUTH** 

ON-1209(14-11): May12.14.30 **FALMOUTH** 

ON-1256(17-29):Apr18,22, 23,27,May4,21 B-756:Apr2,11,17,18,19,28 May21,23,28,Jun3,10,12

FENIT ON-1239(14-27): Apr 28, May6,16(x2),24,Jun4,13,

17.19 D-726:May16,18,Jun13,19 FETHARD D-683: Jun7,12,14,16,21

FILEY ON-1170(12-13): May 16, 22, Jun12,14,16,22 D-728:Apr20,24,May20, 21.22.Jun12.23.26.28

FISHGUARD ON-1198(14-03):Apr11,15 Jun19,27

D-603:Apr23 D-652:Apr1,Jun19 FLAMBOROUGH B-820: Jun5,9,17,23

B-825:Apr11,17,25,May25

D-655:May10,21 D-658:Apr16,25,May27, Jun3.14 **FOWEY** ON-1222(14-18): Apr3. May2,6,9,Jun10,12,13 D-681:Apr16,May2,9,31,

ON-1122(47-017): Apr2,15,

D-719:Apr3,11,13,28,

May2,23,Jun5(x2),8,16

**HELENSBURGH** 

B-791:Apr2.10.25.

May5(x2),10,11,23

HELVICK HEAD

Jun27

HOLYHEAD

D-654: Jun 27

HORTON AND

PORT EYNON

Jun20 25 27(x2)

HOWTH

HOYLAKE

HUMBER

Jun12.30

Jun12 14

**ISLAY** 

Jun15

**KESSOCK** 

B-771: Jun 29

Jun15.18(x2).19.30

KILMORE QUAY

B-729: May 16, 17

B-836:Apr7,11,17(x2),

May2,8,9,14,15,19,22,

23(x2), Jun5(x2), 6, 19

B-724:Apr12,19,May4,23,

B-814:Apr5,May8,Jun29

KILKEEL

KILRUSH

KINGHORN

KINSALE

24,29,Jun27

KIRKCUDBRIGHT

B-767:Apr24,May7,17,

May22, Jun27

ILC, COWES

B-782:Anr13

**ILFRACOMBE** 

Mav12.17.30.Jun12

B-725:Jun1,14(x4),18,30

**B-760**:May23,24(x4),25,

D-688:Apr10,May27,29,31

May4,22,Jun22,27,29

**ON-1163(12-005):**Jun 11

ON-1201(17-02):Apr2,22

ON-1216(17-05): May 25.28.

30, Jun10(x2), 12, 19, 26, 30

B-749: Apr4, May 9, 24, 30,

H-003:Mav27.Jun2.27

HUNSTANTON

**FLEETWOOD** 

May24,25

FLINT

Jun5.13.28 FRASERBURGH ON-1180(14-01):Apr13 ON-1259(14-34):Apr22,

May7,24,Jun21 **GALWAY** B-738:Apr9,May14,Jun19 GIRVAN

ON-1196(12-37):Apr11, May16, Jun4, 12 GRAVESEND

B-807: Apr 2.4[x2].18.23. 24, May 1, 2(x2), 12, 16, 17, 18(x2),19,22,23,25,26, 27(x2),30(x2),31,Jun1, 2(x2),4,8,15(x2),16,19(x2), 24.26.27[x2].28.29[x2]

**GREAT YARMOUTH** AND GORLESTON ON-1208(14-10):May28 B-786:Apr9,16(x2),18, May22[x2],29[x2],30.

Jun4,14,19,23,29(x3) **HAPPISBURGH B-710:**May28 **B-755:** Jun19 **HARTLEPOOL** ON-1274(14-37): Apr17,22, May16.31 Jun12.26

B-766:Apr22,27,May16,18 29, Jun11, 13, 21, 27(x2) HARWICH ON-1202(17-03):Apr24, May4 23 28 30 Jun4 5 B-736:Apr19, May3, 13, 22(x2),24,28,Jun9,14.17

B-789:Apr1,2(x2),6,Jun26 **HASTINGS** ON-1125(12-002): Apr 8.18 D-699: Apr16, 25, 29, May 23,

25.30.Jun1.2.4.12.20.24.30 HAYLING ISLAND B-829:Apr2,7,21,May2,3, 7.30(x3).Jun3.11(x2).19(x3). 22(x2),26,27(x3)

D-642:Apr11(x2),12,20,25, May2,3(x2),16,20,21,23,30, Jun3,16(x2),19(x2),26, 27(x2)

refit cost: £200.000

ON-####[47-###] Tyne class last built: 1990

**KIRKWALL** ON-1231(17-13): Apr 19, May18, Jun17, 24(x2) KYLE OF LOCHALSH B-740:Apr2,7,16,29, May24, Jun6, 9, 12(x2), 27 LARGS

B-739:Apr11,Jun25,26,27

ON-1272(17-41): Apr22, I ARNE ON-1246(14-30): May2,7(x2),29,Jun12,17,19 Apr3,5,11,May8,9,Jun17 D-646:Apr3,11,May8,9, Jun17

LERWICK ON-1221(17-10):Apr2,10, May25, Jun20, 30 LITTLE AND

ON-1258(14-33):Apr12,24, **BROAD HAVEN** D-659:May3, Jun4, 11, 13, 18 D-628: Apr13, 24, May 28, Jun12,24,28 ON-1162(12-004): May 30

LITTLEHAMPTON B-779:Apr3,8,9(x2),28, May23(x4),24,27,Jun3, 14,18,21,22(x2),23,24, 25,26(x2),28,29 D-631:Apr3,8,17,May20,

22.23[x3].24.28 LITTLESTONE-ON-SEA

B-785:May18, Jun17, 26, 27,29(x2) LLANDUDNO ON-1164(12-006):

May2(x2) ON-1165(12-007): Apr 25, D-656: May25, Jun1, 12(x2), 14, 16 D-717: Apr15, 25, May13, 24, LOCH NESS B-707: May 8, 19, 23,

INVERGORDON Jun9,12(x2),19 LOCHINVER ON-1225(14-21): ON-1237(17-17):Apr25,30 LONGHOPE ON-1219(17-08):May23 ON-1284(16-05):Apr8

L00E B-793:Apr13,28, Jun12(x2),19 D-574:Apr3,28,Jun12,15, 18,21

B-812:Apr19, May26, **LOUGH DERG** B-705:May2(x2),16, Jun27(x2) ON-1133(47-021): Apr 10. LOUGH SWILLY 20.May4.10.15.19.20.Jun3. B-819:Apr15.May4(x2). 4,8(x2),11,24(x2),29,30 22,23,Jun4,5

LOWESTOFT

ON-1132(47-020): Mav11.18.Jun8.22 LYME REGIS B-741: Apr8,11,13,21,25,28, 29,May24,Jun2,9,14(x2),

LYMINGTON B-773:Mav1(x2).22.25.30. Jun5,19(x4)

LYTHAM ST ANNES ON-1189(12-30):

Apr15, May13 **D-657**:Apr14,15,25,27(x2), Jun12(x2),30

MACDUFF B-804:Apr15,May14,20 MALLAIG

ON-1250[17-26]: May1,15,20,24,28,Jun12 MARGATE ON-1177(12-20): Apr10,18,

May 13,21,26,29(x2) May29, Jun5 D-706:Apr29,May15,16, PENARTH 29(x2), Jun10, 15, 26, 28 B-839:Apr17,30,May15,28, MINEHEAD 30.31.Jun4 D-692:Apr9,30,May15,

B-824: May11(x2),24, 25(x2), Jun14, 18, 22, 30 **D-712:**Apr1,8,May11(x2) MOELFRE

ON-1116(47-013):Apr17, Mav31..Jun12 D-689:May23,30,31, Jun26(x2),29

ON-1126(47-018): Apr26, May13, 24 D-626:Apr26,May13 MORECAMBE

D-722:Apr16.27 H-002:Apr9,24, Mav14.Jun1 H-007: Jun 21

MONTROSE

MUDEFORD B-806:Apr4.16.18[x2].26. May1,10,15(x2),16,23,28, 30.Jun1.9.13.19.21.30[x2]

**NEW BRIGHTON** B-837:Apr2,9,May1,21, Jun11(x2),16,21,24,26(x2) H-005:Apr9,May21,23 NEW QUAY

D-707: May 21. Jun 3.21 (CARDIGANSHIRE) PORT ST MARY ON-1172(12-15): ON-1234(14-26): Apr15, Jun18 May20,22,30 D-616:Apr15,May2,15, **D-575:**Apr15 PORT TALBOT

20(x2) 31 Jun19 21 **NEWBIGGIN** B-745:Apr6,Jun20,22.23 NEWCASTLE

B-821:Apr5,30,May1,4,15,

17.Jun22.27(x2)

D-602:May15,19

D-636:Apr5,16,30, Jun22,23,27(x2)

**PORTAFERRY** ON-1188(12-29): Jun 30 B-833:Apr1, May6, 9, 10, 17, D-637:Mav12.23.Jun1 23.25.Jun3.12.15.20.26.27 NEWHAVEN **PORTHCAWL** ON-1243(17-21): Apr3. B-830:Apr4(x2).8.16.

May27,30,Jun2,5,10, 19(x2),25,27,30 13(x2).14.20 ON-1262(17-33): May2,6,19,22,23(x2) PORTHDINLLAEN ON-1279(17-46):Apr27 ON-1117[47-014]: May 9 **NEWQUAY (CORNWALL)** ON-1120(47-015):

D-619:May4,Jun15,30 OBAN ON-1227(14-23):Apr1,15, 16,17,May18,Jun3,4,13,29 ON PASSAGE

ON-1139(47-026):Apr29

**PADSTOW** 

ON-1181(12-22):

Jun14

PEEL

Jun9,12

PENLEE

30.Jun6.11.14.17[x2].20

B-775:Apr5,10(x2),27,

B-826:Apr11,15,24,25(x2),

May3,11,15,21,22,24,30,

Jun3,4,24,25,26(x2)

B-813:Apr15,May22

D-645:Jun17,20(x2)

D-713:Apr10.27

Jun12.20.25.30

PORT ERIN

PORT ISAAC

Mav15(x2).Jun26

May9

**POOLE** 

NORTH BERWICK

Jun7,13,25(x3),28 PORTRUSH ON-1257(17-30): May 16, Jun8.19.27 D-572:Apr10,24,

PORTPATRICK

PORTREE

ON-1151[47-033]: Jun 24

ON-1214(14-16): Apr2,

ON-1283(16-04):Apr15, May15 16 22 Jun 27 PORTSMOUTH B-723: Jun19, 23, 24(x2), 28

> **B-730:**Apr1,3(x2),4,7(x2), 9,16,May18,20,22,26,29, 30(x2) Jun 3 5 6 10 11 13 16 D-716:Apr3(x2),May22,26, 29,30,Jun5,19,23,25

PWLLHELI ON-1162(12-004): Jun19 ON-1265(17-36):Apr17. ON-1168(12-010): Apr14.15. Jun5,20,24,25,28,30 May4,20,24,31,Jun8 D-676:Apr4,14,17,May23 B-787: Apr7,9,10,21, May15,

16,25,Jun3,11,15,20 Jun10 PETERHEAD QUEENSFERRY ON-1282(16-03):Apr13. B-735:Apr12,13,16(x2),17,

May2,24,Jun6,7,8,13,16 19, May 3, 5, 13, 15, 16, 18, 24, PLYMOUTH Jun5(x4),6,19,20,21,25, ON-1264(17-35): Apr11,16, RAMSGATE 20,27(x2),May23(x2),

ON-1210(14-12):May29 ON-1253(14-32):Apr10,13 21, May 1, 9, 13, 15, 18, 27(x2), 31,Jun1(x2),3,4,11(x2) ON-1131(47-023): Apr 25, B-765:Apr24,May16,18, 19,20,22,23,31,Jun3,4,

> 17.26.27 **RED BAY** B-728: Apr10,19,25, May13 14.16.25.26..Jun8.24

26[x2].27 REDCAR B-777: Apr 5, 17, May 3, 5, 23, 31(x3), Jun 3, 4, 5, 9, 15, 16, 22, 26.27(x2)

D-677: Apr26, May3, 5, 23, 31(x2), Jun3, 9, 15, 27 RHYI ON-1183(12-24):Apr2,

Jun6 D-632:Apr2,May22, 23(x2),Jun23(x2),26(x2) D-655:May31, Jun3(x4),6,15(x2)

ROCK

D-634:May2,31,Jun3 May8,15,21,Jun2,12(x3), ROSSI ARE HARROUR B-832:Apr22.Jun27.29.30 ON-1269(17-38): May12,15,17, Jun5

> RYE HARBOUR B-727:Apr20,May27 B-842:Jun24



ON-####[12-##] Mersey class last built: 1993 refit cost: £190,000



X-###

XP-### XP boat

Arancia inshore rescue boat

ON-####(16-##)

Tamar class

introduced 2006

new cost: £2.7M

ON-####(17-##) Severn class last built: 2004 refit cost: £255,000

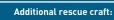




E-###



H-###



Boarding boat

X boat

ON-####(14-##)

#### SALCOMBE ON-1286(16-06):

Apr24,26,May16(x2) ON-1289(16-09):Apr5, May23.30(x2).Jun6.24 B-794:Apr5,24,May2,7, Jun2,3,12,13,17,28(x2) BB-054:Jun27

#### **SEAHOUSES**

ON-1173(12-16): Apr3,6,21, May4,6,15,30, Jun6,17,24 D-620:Apr9,14,May3,6, 22,26,Jun3,6 D-686:Apr3

#### SELSEY

ON-1146(47-031):Apr8, May1.31 Jun5.8.19(x5) D-691:Apr16,May29,31, Jun12 19 21

#### SENNEN COVE ON-1294(16-14): Apr11,

Jun2 3 5

D-624: Jun8, 15, 30 SHEERNESS

#### ON-1211(14-13):Apr11, May18, Jun30 STAITHES AND 17(x2),18,May2,20,22, 23[x2].25.26.Jun3.13[x2] RUNSWICK

**D-601:**Apr3,11(x2),19 D-662:Apr24.25(x2). May3,10,13,19,25,30(x2). Jun26.27

#### SHOREHAM HARBOUR ON-1155(47-037):Apr28,

May 9 22 24 31 Jun 2 ON-1158(47-040):Apr3,9

D-647: Apr10, 21, 24, May16, 24(x2),25,Jun5,11(x2),12, 19 27

#### **SKEGNESS**

ON-1148(12-11): May 28, Jun10,11,26,27,28 **ON-1166(12-008):**Apr4 D-538:May23,30,Jun24.

26,27,28(x2)

SKERRIES B-747: Apr 21, May 17, 22, 24, Jun5, 16, 17, 20, 30

#### SLIGO BAY B-781:May15,30,

Jun7(x2).26 **SOUTH BROADS** D-714:May1,Jun2,5,29

#### XP-42:Mav1.Jun2.5 SOUTHEND-ON-SEA

B-776:Apr11.30.Mav2.3. 15,18,22(x3),25,28,29(x2), Jun6,12(x2) 30, Jun 6, 7

#### D-633:Mav14.Mav18.

Jun16,17,20 5,13,25 D-682:Apr17,30,May24, Jun19,20,22 D-670:Jun14 H-004:Apr24,May2,22,

#### 23(x4).24.Jun25

SOUTHWOLD B-750:Apr7,Jun26

#### ST ABBS B-783: Jun11

ST AGNES D-641:Apr5,9,10,13,26, Jun 28

#### ST BEES

B-831:Apr20,Jun5

#### ST CATHERINE

B-772:Mav8 ST DAVIDS ON-1139(47-026): May 2, 9,

21.28.Jun28[x2] D-685:May21,28,Jun12, 27 28(x2)

#### D-704:Apr2,May2,18 ST HELIER

ON-1292(16-12):Apr18, May9,14,31,Jun13,26,28 B-816:Apr18, May18. Jun25.26

#### STIVES

ON-1229(17-11):

ST PETER PORT

ON-1262(17-33):Jun17

ON-1203(17-04): Apr 20.

ON-1238(17-18):Apr30,

Apr27,May4

B-788: Jun 26

STORNOWAY

Mav25.Jun5

STRANRAER

STROMNESS

ON-1167(12-009): Apr19,May2 **D-668:**Apr4.19. Jun17,21,30 26(x3),27,30 ST MARY'S

Jun26

E-002:May12,13(x3), 14(x3),15,16(x2),22, 12.13(x3).14.15(x2).16(x3). 30,31(x3),Jun1,2,3,4(x4), 5(x3),6(x2),7(x3),25(x2), 26(x4),27,28(x2),30(x2)

D-697:Apr18,Jun16

#### ON-1236(17-16): May15(x2) SUNDERLAND

**B-817:**Apr9 B-835:Apr21,22,23(x2), May11,22,26,Jun2,6,8,14, 17.22.23.27

#### D-608:Apr1,9,10,17,22,23, 26, May 1, 7(x2), Jun 10, 14, 28

SWANAGE ON-1182(12-23): Jun9.14.26

#### ON-1192(12-33):Apr27 D-613:Apr12,14,May7,30, Jun3,9,20,21,26(x2)

**TEDDINGTON** D-648:Apr5,8,10,13,21,25, May4,5,12,15,16,20(x2),28, 29, Jun 3, 20(x2), 26, 28(x2)

#### TEIGNMOUTH

B-809: Apr24, 25, May3(x2), 23(x2),25(x2),29,30(x2),31,

#### **TENBY** ON-1293[16-13]:Apr17.

26(x2), May31(x3), Jun3,

#### D-727: Apr22,26(x2), May10(x2).16.23.31

THE LIZARD ON-1145(47-030):

#### Jun4,19,23 THE MUMBLES

ON-1127(47-019):Apr10. 29, May 3, Jun 1, 3, 13, 26, 27 D-623:Apr3,12,19,May3,17, 23(x2),29(x2),Jun1,11(x2), 26[x2]

#### THURSO

ON-1273(17-42):Apr23,25, 29, May 10

#### **TIGHNABRUAICH** B-743:Apr5(x2).8.Mav23.

6(x2),8,9,23,Jun18 TOBERMORY D-630:May2,6(x2) ON-1270(17-39):Apr18(x2),

#### 24,May24,Jun1,14 TORBAY ON-1255(17-28):

Apr4,10,11,12,18,29, May27, Jun6(x2), 12 D-651:Apr5,7,18,26,27, May1.5.23. Jun6.8.17.20 29,13,22(x2),23(x4),24,30 Jun5,6(x2),10,14,17,20,

#### **TOWER**

23(x2),24(x3),Jun10,13(x2) E-004:Apr7(x2),8(x3),9(x2), 17(x2),18(x3),May28,29(x3), E-005:Apr1,2(x3),3(x3),

4(x3),5,19(x3),20(x3),21, 23(x2),24,25,26,28(x2), 29,30(x2),May1(x2),2(x2), 4,5,6(x2),7,8,10,11,12,17,18, 19(x3),20(x2),21(x2),22, 25(x2),26(x2),28,Jun15, 16(x2),19(x4),20(x2),21 22(x4),23(x2),24(x2)

#### TRAMORE

D-643:Apr8(x3),May4, Jun24

#### TREARDDUR BAY B-731:Apr21,28,29,May2,

ON-1275(14-38):Apr2, 13(x2),18,23,26,May22,30,

D-684:Apr9,13,18,23, May22,30, Jun5,12,19,

#### 20.25 TYNEMOUTH

ON-1201(17-02):May5,11, Jun5.11.20(x2) ON-1242(17-20):Apr12,29 **D-693**:Apr19,May7(x2),16, 22,25,Jun3(x2),11,20,27,30

#### VALENTIA ON-1218[17-07]:

Apr20,27,May7,28 WALMER B-808:May15, Jun27

#### D-663:Apr6, Jun27 WALTON AND FRINTON

ON-1154(47-036):May3, 23,24,30(x2),Jun21,24(x2) WELLS ON-1161(12-003): May 5, 17, 30.Jun20

#### D-661:Apr10,28,May23, 30, Jun 2, 26 WEST KIRRY

D-612:May23(x3), Jun1, 19, 22[x2].30

#### **WEST MERSEA**

**B-761**:Apr10,11(x2),16,20. 30(x2), May 1, 4, 9, 22, 23, 24, 27,30,Jun5,18,19,24,26,27

#### WESTON-SUPER-MARE B-769:Apr20,26,29,May1, 9,31,Jun9,16,20(x2) D-696:Apr26,29,May1,2,

#### 23.31 Jun16 **WEYMOUTH**

WHITBY

ON-1261(17-32):Apr15,27, May9,16,30,31,Jun8,19,20,

#### B-746:Apr4,11,18,27(x2), 30, May 1, 8, 18, 25, 29, 31, Jun22,23,29

ON-1212(14-14):Apr8,23, May20,23,Jun2,9,26 D-674:Apr17,26,May20

#### WHITSTABLE B-764:Apr11.17.27.Mav13. 15(x2),16,20,21,23,26,27, 29.30(x2).Jun4.5.13(x2).

14.16.25.28.30 WICK ON-1224(14-20): Apr10, May 8, Jun 13, 14

**WICKLOW** ON-1140(47-027): Jun20,24,26(x2) D-671:Mav26.Jun2.26

> WORKINGTON D-629: Jun 5.7 YARMOUTH ON-1249(17-25):Apr1.4.

25 29

The official

#### naming ceremony of D class lifeboat Margaret Mary Timpany at Morecambe

in June

#### ON STATION

D-731, Réalt na Mara, Dun Laoghaire, 10 June 2010 (D-532 has been withdrawn) B-842, *Hello Herbie*, Rye Harbour, 22 June 2010 (B-727 has been withdrawn) B-841. Eric W Wilson. St Catherine. 26 June 2010

#### NAMING CEREMONIES

23,25,30,Jun5,17,19,20,

B-840, *Harold Baines*, East Cowes, 6 June 2010 D-728, Braund, Filey, 2 July 2010 D-707, Copeland Bell, Port Isaac, 13 June 2010 D-722, Margaret Mary Timpany, Morecambe, 12 June 20 B-837, Charles Dibdin (Civil Service No.51),



# Friends of the RNLI

The RNLI receives at least 5% of your order value via www.rnli.org.uk/amazon.

#### **Bishop Skinner**

You get a discounted boat insurance policy and the RNLI receives 2.5% of the premium. Call 0800 7838 057 or visit www.bishopskinner.com.

#### **Everyclick**

Help raise vital funds for the RNLI. Set Everyclick up as your homepage today. www.everyclick.com/rnli.

#### Fred. Olsen Cruise Lines

Book a selected Fred. Olsen cruise and the RNLI receives 10% of the price. See the inside Inkjet and mobile front cover of this issue or call 01473 742 424, quoting 'RNLIAU10'.

#### Goodyear

RNLI members get a 5% discount on tyres from www.hiqonline.co.uk, using code 'RNLI10'.

#### Lamb's Navy Rum

Buy a promotional bottle for a chance to win a Fred. Olsen cruise. The RNLI receives £1 for each of the first 25,000 entries. special RNLI/Talisker gift Closes 31 October 2010. www.lambsnavyrum.com

#### Lifeboat Tea

The RNLI gets 7p for every pack of the Lifeboat Tea range sold. Available in leading supermarkets, independent stores and RNLI shops. Download a money-off voucher at www.rnli.org.uk/teavoucher. or call 0845 680 1305.

Look out for special RNLI events at your local Loch Fyne restaurant. Find out more at www.lochfyne.com/ lifeboatappeal.

#### mywineclub

Choose from a selection of wines from around the world at www.mvwineclub.co.uk/rnli. The RNLI receives 10% of the value of your first order and 5% of any additional orders.

#### **New Covent Garden Soup**

Buy promotional cartons of Smoked Haddock Chowder from leading supermarkets to support the RNLI.

### phone recycling

The Recycling Factory will give the RNLI up to £4.50 for each recycled inkjet cartridge and up to £15 for mobiles. Find out more at rnli@trf-uk.com or 0800 091 0696. In the Rol? Donate 25-100% of the value of your old mobile through www.fonebank.ie/rnli or call (01) 442 9004.

The RNLI receives £1 for each pack sold. Available now from leading supermarkets (see page 15). Find supporter offers on Diageo's whisky website at www.malts.com.

#### Volvo

You get a discount on a new car, the RNLI receives £500. Visit www.rnli.org.uk/volvo

#### Which? Switch

You could save money on your fuel bills and the RNLI receives £10-£20. www.which.co.uk/ switch/charity/rnli.

# Classified

#### Weather Monitoring

#### **Barometers & Barographs**

New items & restoration by experienced craftsmen Russell Scientific Instruments Ltd, Rash's Green, Dereham, Norfolk NR19 1JG

Tel: (01362) 693481 sales@russell-scientific.co.uk www.russell-scientific.co.uk



#### Health

#### Back Pain? Coccyx Pain? Just want to sit better? >



See how our cushions could help you! Call us FREEPHONE:-0800 328 9673 for a Colour Brochure and Money Back

#### Guarantee Detail (No salesmen will call) Your Satisfaction - our Success

Posture Products - PO Box 31 Exmouth EX8 2YT

#### Optical Accessories



Free home demonstrations available in some areas.

For more detats visit our website or request brochure

Tel: (01291) 689858 Fax: (01291) 689834

Wve Valley Observatory, The Old School, Brockweir, Chepstow NP16 7NW

To advertise please contact Sharon Davies at Landmark t: 020 7520 9474 f: 020 7520 9475 e: advertising@lps.co.uk

#### Devon & Cornwall

HAYLE ESTUARY, LELANT. Luxury bungalow on edge of RSPB reserve, & W. Cornwall golf club. Adults only. 2 bedrooms/ 2 bathrooms. Large lounge. Garage. www.penhayl-cottage-cornwall.co.uk

But Volley Collages. Pretty cottages on/around River Dart. Glorious views, award winning beaches, wonderful walks. www.dartvalleycottages.co.uk 01803 771127

PLYMOUTH. Quality B&B accommodation with and 4 miles from city centre. Run by ex lifeboat crew member. For details ring 01752/492232

RURAL GETAWAY NR PENZANCE Self Catering Cottage. Handy for beaches and attractions. Sleeps 3 Private Garden Elec Inc. Sorry no smokers or pets. Tel 01736 763922 or www.meadowsideholidays.com

#### CORNISH QUAY HOLIDAYS harming waterside cottages in Fowey & Polru: Superb views • Dinghies available • Open all ve

Tel: 01579 344667 www.cornquay.com

#### Restronguet Nr. Falmouth

Peaceful picturesque, watersedge harriet. Boating facilities, Own quay, slip, beach, Pub. Houses sleeping 2 M, 6 (8, Gardens, dogs welcome. Eriday booking all year. Letting over 50 years! Peter Watson 01326 372722 www.creeksideholidayhouses.cc.uk



#### Dorset



#### **EXCELLENT RANGE OF** holiday cottages in

stunning coastal locations incl. Seahouses, Beadnell and Bamburgh. 0191 231 3020. www.cottagesinseahouses.co.uk

Northumberland

#### East of England

MORSTON (BLAKENEY) NORFOLK. Choice of two 4\* cottages overlooking quay & marshes & nature reserve. Great location. Sleeps 4 & 7. 07836 330233

#### Wales

Fisherman's Cottage, West Wales beachside location, sleeps 4. Excellent sailing, walking and dolphin watching. Weeks or weekend lats. Tel 01275 845258

#### West Country

FOWEY - The Old Lifeboat Station. but quiet. Sleeps 2. (02392) 632807 for brochure www.oldlifeboatstation.co.uk

POLRUAN-BY-FOWEY Old lisherman's cottage, a low paces from the quew. Seeps 2/4. Whoobstring sowe. Saling fishing waking or just watching! Pubs and shops People say "Sooc Youngs!. BROCHURE & BOOKINGS 01726 870582

#### www.polruancottages.co.uk Scotland

NORTH WEST OF SCOTLAND Achmelvich Beach, near Lochinver Modern Self Catering Caravans 6 Berth, fully serviced. Beautiful beach. Tel/Fax 01571 844454 www.lochinverholidays.co.uk

#### Isle of Wight

Island Cottage Holidays

Isle of Wight holiday cottages in eautiful rural and coastal location

### Spring clean your treasure chest

Your unwanted trinkets can help save lives at sea. Send to: Karen Ketley, RNLI appeal RNLI, West Quay Road, Poole, BH15 1HZ. Tel: 01202 663206



#### Overseas

ALGARVE villa by beach, garden, pool, non-estate, walking distance shops iit3@cantab.net

BARBADOS WEST COAST APARTMENT www.barbadosdreamholidav.com 01425 610781

CANARY ISLAND, LA GOMERA. Charming two bed house in beautiful Hermigua Valley. All facilities nearby. Ideal for walking, swimming, golf. Email: barrycarr@skynet.be

For all advertising contact Sharon Davies t: 020 7520 9474 e: advertising@lps.co.uk/ CAPE WINELANDS. Escape northern winter. Spend month or more in historic farm setting. Variety newly renovated self catering accommodation. Close proximity airport, golf, sea and fine restaurants. Email: rnlum@mweb.co.za

CARIBBEAN apartments and cabanas, luxury 5 star resort. St Vincent and The Grenadines. www.luxurycaribbeanholidays.info 01394 286617

UMBRIA/TUSCANY BORDER: Have a break from the sea and come to our beautiful farmhouse in the green heart of Italy. Sleeps 12 (6 bedrooms, 5 bathrooms), private tennis court and pool. 01732 762013 www.belvederediprato.com

## **MATCHED GIVING**

Have you considered asking your employer to match your fundraising

It's a great way for them to show their support and could double your donation to the RNLI. As well as enabling us to continue saving lives at sea, your employer rewards your achievement too!

For more information visit rnli.org.uk/matchedgiving or call **01202 663295** 



#### **UK** Holidays



"Save up to 25% offer excludes Bank Holidays, Christmas and New Year, Special Themed breaks, Spa breaks and 2 night midweek breaks. Offers are from current Warner Leisure Hotels 2010/2011 brochure prices and cannot be used in conjunction with any other offer and apply to new bookings only. All bookings are subject to availability and terms and conditions in the current Warner Leisure Hotels brochure. Persons in your booking only. All bookings are subject to availability and terms and conditions in the current warner Leisure Hotes forcifure. All persons in proboking must be over 21 years of age. Warner Leisure Hotels reserve the right to change or reduce these offers at anytime without prior notice. Bourne Holidays Limited (trading as Warner Leisure Hotels) is a company registered in England and Wales with company number 01854900 whose registered office is 1 Park Lane, Hennel Hempstead, Hetfortorkhire IPV2 4YL.

# Classified

#### UK Holidays



#### **UK** Holidays



#### Products & Services





SOUTH AFRICA, EASTERN CAPE. On 1,850 sq. meters plot with canal access and own ietty, with outlet to the Kowie river and to the sea, facing North over Marina and South over Dunes and Sea. Very secure within precincts of the exclusive marina complex. 2 storey house, 1st Floor -2 bedrooms with verandas, bathroom with large lounge and conservatory. Ground floor – Bedroom en Tidy away CDs, DVDs and Videos into one suite, Lounge, Dining Room, Kitchen and of our hand crafted cabinets. We offer a utility Room, Conservatory. Basementwide choice of wood finishes and sizes in double garage and wine cellar. 10 meter traditional and contemporary styles. swimming pool and gazebo in attractive developed garden and with Braai house near Telephone: 01295 760017 jetty. Full details and photos upon application. Sales will be handled by John Austin Furniture Ltd reputable Estate Agent, Contact Tony by Greatworth Park, Banbury, OX17 2HB www.john-austin-furniture.co.uk

Email: rhino@imaginet.co.za

# Cruises & Boating

For a brochure (24 hour



# Current affairs

Ireland's 'voice of the sea' may have stepped away from the microphone – but Tom MacSweeney is as vocal as ever when it comes to marine matters

> For two decades, Tom MacSweeney's voice has been synonymous with Ireland's maritime culture. His popular Seascapes radio programme on RTÉ 1 has propelled marine news, views and tales over the Irish airwaves since 1979. Tom retired from the show in 2009, having built up a fan base that went way beyond professional mariners. 'When Seascapes was new we wanted to encompass everyone who has a marine interest and any member of the public with a sea story to tell,' says Tom. 'When I left the show, housewives and children were listening to it, as well as fishermen, sailors and the like. The thing is, the Irish are an island people. I would always say: "We are all islanders. Let's be proud of that."

> It's this focus on Ireland's tightly knotted bond with the sea that has often led Tom to criticise Irish politicians. 'I believe all Irish governments since the 1960s have failings when it comes to marine policy. Many politicians fail to recognise we are an island nation. We are not in the centre of Europe – we are a western outpost. We have no chunnel or bridge, so we are reliant on the sea. I pointed out several times on the radio that 95% of Irish imports and exports are by sea. So our ports and shipping are vital arteries, and yet they have been neglected.'

Tom is keen to highlight positive developments too, though. 'There have been some moves towards developing the seafood industry recently. The Marine Institute [set up in 1991] is very positive too, because they have research vessels and carry out some very important scientific and environmental work,' he points out. 'Plus there was the formation of the Irish Coast Guard. For a number of years, the Republic of

Ireland was dependent on the RAF and Royal Navy helicopters to do search and rescue work here. But since the 1990s the Coast Guard has developed and got its own helicopters, which have assisted in Northern Ireland and other areas. So the Coast Guard gives help as well as receives it, which is very healthy. We marked 10 years of Seascapes with a visit from the 911 Squadron of the Royal Navy, and they marched in a Kinsale D-Day parade. It was one of the first times that you had the Royal Navy and Irish Navy together like that. It underlined the fact that rescue at sea knows no barriers.'

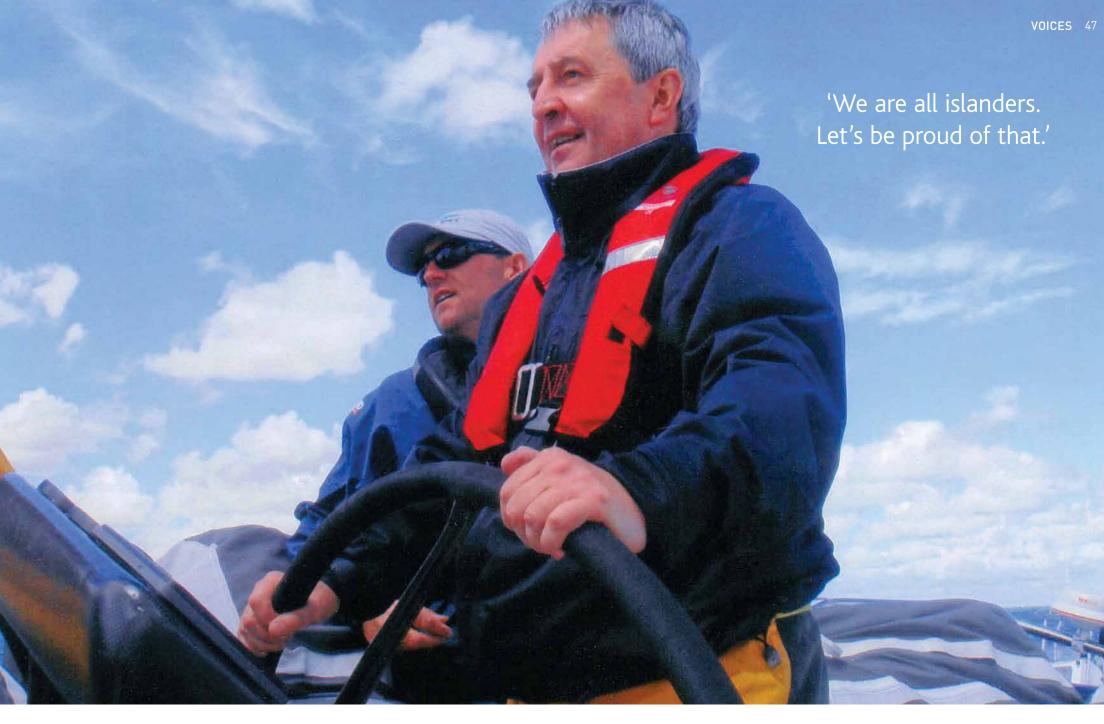
That powerful sentiment is also echoed in the RNLI's cross-border work, according to Tom. 'I've

met many lifeboat crew members through the show. And I mean it when I say that I am lost in admiration for them,' he says. 'The service they provide is wonderful and so is the RNLI's interaction with sailors. That education side is really important. I think the message from the RNLI and other organisations about lifejackets is getting across. I rarely see racing sailors without lifejackets now. Now we just need to remind them to wear their crotch straps!'

Tom began his career as a print journalist before moving into broadcasting, and he still writes regular press columns. He's still involved in broadcasting too - as the Lifeboat went to print, Skippers had begun, an RTÉ TV fishing documentary that Tom worked on as

script consultant. He's also planning to set up a marine book publishing company. Despite his busy media career, though, Tom still finds time to go afloat. 'I was a late starter with sailing but I've grown to love it. It's a sport for life, a sport for all – whatever your age or ability. I'm a great advocate for boating because, in Ireland, we are all part of the family of the sea. That's why the politicians should be looking at the oceans, not looking inward. You'll never find me moderating my views about that.'

Above: Tom MacSweeney, broadcaster, proud recipient of an RNLI Supporter Award and fiery advocate for the Irish maritime industry, takes the wheel of the Green Dragon racing yacht



Words: Rory Stamp

# Show of strength

The RNLI's history is full of dramatic twists and turns – and Alan Tyson's mission to weave them into a play is an interesting yarn in itself

'Now hear ye all of this, good men of Bamburgh,' shouted the cloaked man over the rumble of storm thunder. The audience peered into the darkness. What came next was history in the making: he announced plans for a local lifesaving service. It was the opening chapter of a story that ends with the RNLI as we know it today.

Two hours later, after an emotional journey, the audience filled collection buckets and filed out of the hall into the village. This wasn't 18th-century Bamburgh in Northumberland, but 21st-century Cranham, a tiny community in Gloucestershire. The play they had just seen - Out of the Mist – brought key moments in the RNLI's history to the stage: the first days of lifeboating, the formation of the RNLI and the deeds of famous rescuers. Four performances raised £4,000 for the RNLI. Now the play could become a full theatre production.

Retired father of three Alan Tyson (pictured), who wrote Out of the Mist, spent much of his career at seaports as a customs

officer, but it was a sailing trip with a family friend in 2001 that gave him his first face-to-face experience of the RNLI. Royal Marine Jason Ward had been posted to Norway and planned to sail there. Alan accompanied Jason along with some other pals, and they were sailing off the Norfolk coast when the Great Yarmouth

> and Gorleston RNLI all-weather lifeboat drew close.

'They explained that they had been out training when they saw us in dangerous shallow water,' says Alan. 'They kindly escorted us to the station and showed us around. It made me realise that lifeboat crews are unsung heroes: all down-to-earth, and extremely professional.'

After leaving a donation with the lifeboat crew, Jason and Alan continued their journey across the North Sea, each carrying a lasting memory of the selflessness of lifeboat crew members. Jason championed the RNLI for the rest of his life, which was sadly ended 2 years later. He was killed in a helicopter crash while serving in the Iraq War. Salcombe lifeboat crew scattered his ashes at sea – a request from Jason's family that remembered his support for the RNLI.

'That whole experience really planted a seed of support for the RNLI that grew and grew,' says Alan. 'I initially wanted to create a small presentation that would help raise funds, but, as I read about the history, it fast became a stage docu-drama. There were some times when I thought I would never finish the play – but I got a lot of support from my family and friends.' Among those who encouraged Alan was marine biologist Monty Halls, Jason Ward's best friend (see the Lifeboat Summer 2009 for more on Monty and the RNLI). 'Monty gave me some valuable advice,' recalls Alan, 'which was "just persevere".'

After 6 months of perseverance The Cranham Players – 10 adults and 6 children from the village – were ready to take to the stage, earning plaudits and crucial RNLI funds. Now Alan has submitted Out of the Mist for production at the Cheltenham Playhouse Theatre in July 2011. He also hopes other RNLI supporters will put the play on in their local venues. 'What I'd really like to do is raise more money for the RNLI with the play,' he explains. 'I can provide the script and other guidance to anyone who would like to put *Out of the Mist* on themselves. It's a different, wonderful way to get the community together and raise funds.'

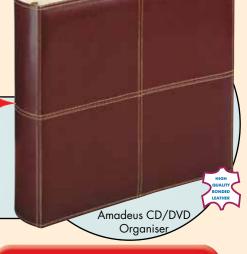
If you would like more information about putting on a production of Out of the Mist, email the playwright himself at tyson679@btinternet.com.

Words: Rory Stamp Photos: Mark Edwards The Ultimate Leather **CD/DVD Organiser!** 

TRANSFORM YOUR MUSIC COLLECTION



Organise in Minutes... Find in Seconds!



arrowfile

#### **Stunning Limited Offer**

Normally £45.04 **Order Now for only** £19.95!

It's a myth thats CDs last a lifetime!

#### This amazing offer includes:

ndex Sheets, Dividers and Page Numbers, OR even better, why not claim a **FREE** Double Slipcase\* (worth £19.95) when you order a dditional Amadeus Album making a total saving of over £40!

saving of over £40!









The Professionals Choice

#### **Protect Your CD/DVD Collection**

- Maximise the Life of your CD and stop CD rot.
- Match your CDs with its booklet cover.
- Protect your CD/DVDs from dust, dirt, light and scratches.

For ALL your other Archival Storage Requirements Photos, Documents, Portfolios, Stamps, Coins, Collectables, Genealogy & much more...

Register FREE at www.arrowfile.com/RNL1010

#### **ORDER WITHOUT RISK - 100% GUARANTEE**



#### Amadeus Burgundy Leather Album £19.95 mazin 10 \$9.95 CD/DVD Safety Sleeve Refill Pages offer Pack of CD Index Sheets & Dividers \$5.70 s yours Set of Music Labels £2.99 for just £19.95 Set of Page Numbers Plus Postage and Packing\* £5.95 £4.95 Amadeus Burgundy CD/DVD Organiser (K-383) £45.04 £24.90 Additional Amadeus Burgundy Album with £19.95 FREE Double Slipcase (K-316) (excludes refill pages) Offer limited to one per household.

One Space Saving CD/DVD

**Organiser Stores up to 160 Discs** 

Say Goodbye to untidy stacks of discs, lost DVDs and cracked cases and transform your

collection with the Arrowfile Archival Organiser. You'll be able to put your hands on any

individual CD/DVD in a flash. Best of all - your CDs will be protected in PVC-Free sleeves

that prevent 'CD-Rot', scratches and your music becoming corrupted. Store 5 times as many

CDs in the same space. Just one high quality binder can hold up to 160 discs. Order a

"I am shocked to learn that CD cases may accelerate CD rot (rust), and surprised to

discover that manufacturers recommend vertical storage to prevent this" Mr Stratton

Finding a particular CD instantly is now so convenient, and only takes a matter of

"I am so pleased to get rid of my plastic CD cases which are so cumbersome and fragile, yet still have a place for my CD title covers" Miss Constantine

second binder and you'll receive a FREE leather slipcase, worth £19.95

seconds to return to its original place" Mr Jones

IF ORDERING VIA THE WEBSITE NORMAL P&P RATES APPLY.

Address P ostcode Telephone I enclose a cheque payable to Arrowfile Please debit my Credit/Maestro card for £

To claim this special promotional offer go to www.arrowfile.com/RNL1010 to enter code into your online basket or quote code RNL1010 when ordering by phone.

### Dear Editor

My husband and I had a rather unusual experience on 7 August. We were enjoying a really good break, staying at the RNLI's college in Poole for 3 nights. (Your accommodation is excellent and the food delectable!) On our last morning we walked to the quay and decided to take a short boat trip.

As we neared Old Harry Rocks, the skipper of the Solent Scene cut the engine for a 'scattering of the ashes' ceremony by a family onboard. But as the engine restarted we heard a crunching and grinding noise. Yes, we were grounded!

We donned lifejackets and then the RNLI inshore lifeboat from Swanage sped round the point. This was followed by the all-weather lifeboats from both Swanage and Poole. The crews were so helpful and professional in taking off more than 30 of us, including one elderly gentleman in his wheelchair, all in good humour.

Our trip took 5 hours rather than 1, but it did provide my husband some excitement on his birthday! We walked back to the college and had a welcome cup of tea before collecting our car, surprised and relieved not to receive a parking fine.

We wish to say a big thank you to you all – hospitality, caterers, administrators and of course the lifeboat volunteers.

Yours appreciatively

To and Jon Day

Hampshire

See more on this incident in the south west edition of *RNLI Compass* at rnli.org.uk/compass. And you too can stay at the Lifeboat College – see the advert opposite.



### Dear Editor

I read your editorial on page 1 of the Summer 2010 issue in which you state that the RNLI Vision is 'to end preventable loss of life at sea'. I hope not. To prevent loss of life by any means is noble. To cease to save lives that could have been saved is not such a good idea. This double negative sends out the wrong message about this commendable organisation.

Best wishes Rona Tait Lanarkshire

The expression 'preventable loss of life' is difficult to quantify and in my opinion should simply be 'to prevent loss of life at sea'. If loss of life at sea is preventable we should be fostering that aspect and not preventing it!

Yours sincerely James H Tonge North Staffordshire RNLI Branch

The RNLI's Vision is of course just that: a vision — a dream that can never come true as long as human beings put to sea. The informal mission statement slipped in at the end is more realistic: 'to save more lives at sea'.

lan Hourston Orkney

Apologies for the confusion! To clarify: the RNLI wishes the end of all loss of life at sea. It works towards this through both active rescue and proactive education and campaigning work to improve safety and change behaviour. But – it is realistic enough to admit that some loss of life is not preventable, most notably when a person is intent on ending their own life – a tragically frequent occurrence. Hence the Vision 'to end preventable loss of life at sea'.

To add your shout, write to the Editor at thelifeboat@rnli.org.uk or RNLI Headquarters, West Quay Road, Poole, Dorset, BH15 1HZ. Letters may be edited for length or clarity.



#### 52 THEN AND NOW



Thousands of volunteers and hundreds of staff are needed to provide back-up to the RNLI's lifesavers – so how does the charity find the right people for the job?

'The Institution is very anxious to form or develop Branches in the following places,' reads the February 1931 edition of the Lifeboat, listing areas of London and the Midlands in need of fundraising volunteers. It was a stark reminder that, even if RNLI volunteers live a long way from the sea and never set foot on a lifeboat, their time and talents are essential to the charity. As a result of that appeal, branches were developed that still raise lifesaving funds today.

enlisting the help of the internet to recruit people who can give a few hours here and there, to play their part in saving lives at sea. Those who sign up online will be able to say how much time they can give, where they can give it, and the kind of volunteering they are interested in – from helping out at fundraising events to giving talks (more information on this new scheme will follow in future issues). The internet also plays a key part

Almost 80 years on, the need to find new

volunteers is stronger than ever. The RNLI is

in recruiting new RNLI staff, in a way that saves time and money. Historically employers have had to strike a tricky balance

> between placing cheaper, small job advertisements with minimal information (potentially resulting in too few responses or creating a torrent

of queries) or large, colourful advertisements that are very costly to place. The RNLI has overcome this problem by advertising very basic job details – such as title, renumeration and location – along with a website address directing them to the RNLI's online recruitment zone. Interested candidates can read the full advert, view further vacancy details and, if they wish, apply for the position online. This reduces the cost of advertising space and the postage and paperwork needed to send application forms through the mail. A rebrand of the RNLI's job advertisements (shown left) has also made them more eye-catching and emotive - despite the two-colour design, which again saves money. So they are getting a better response than ever, even though they are smaller and cheaper.

Just the job!

Photos: RNLI, RNLI/Nigel Millard

### THE INGENIOUS NON-ELECTRIC ORIGINAL



Totally different from any other Sweeper you have ever used!



# SWEEPS UP DIRT, PET HAIRS, THREADS, GRASS, CRUMBS, ASHES, EVEN GLASS...WITH EASE!

No ordinary sweeper can compete with the super-light Hoky. The world's undisputed No.1 floor cleaner. Its unique cleaning features have brought a new dimension to carpet and floor cleaning in hospitals, restaurants, airlines, offices, cars, caravans and homes everywhere.

#### IT CLEANS DIFFERENTLY



The Hoky cleans deep down clean. You don't need to press down hard because its unique cleaning action generates static as you sweep, which attracts and picks up almost to empty anything on practically any kind of

surface. Try it in your home on carpets, vinyls or even concrete and you'll find that long, easy, effortless strokes are all that are needed to keep them wonderfully clean. The less effort you use, the better it works.

#### **GENERATES STATIC TO LIFT OUT DIRT EFFORTLESSLY**



What's more, because of its unique design which folds down flat and employs no less than 5 brushes to dislodge dirt, the Hoky is perfect for sweeping under Perfect furniture. Brushing right up to the for stairs skirting boards and into the

tightest of spots. It even adjusts to make light work of cleaning the stairs. The lightest, most efficient ever invented.

#### IT FEELS SO DIFFERENT

The Hoky is so light it weighs only 3lbs, which means it's a dream to use. It doesn't use electricity so it's completely free to run and there are no expensive parts to go wrong. There are no cables to trip over, no messy bags to replace and no accessories to lose. It's easy to empty in one simple movement and takes up practically no storage space. In fact once vou've seen how the Hoky noiselessly and effortlessly uses static to make a clean sweep - all around your home, you'll wonder how you ever managed without it.



# + £4.95 P&P 72hr delivery



Over 20 million people can testify machine has become to them.

> I am delighted with my HOKY and expect it to outlive me!! Mrs Blyth, Dorset - 2007 Hoorav for HOKY! - I have 2 hairy dogs,

but can't manage a large vacuum. I wouldn't change my HOKY for anything. Miss Beel, Somerset - 2007 My 20 year old HOKY is still in daily use.

My HOKY is better than any of my 3 vacuums. Mrs Watkins (90 years of age), Middlesex - 2007 Had my HOKY 23t for well over 20 years and it still cleans the same as it did when it was new. Mrs Short, West Sussex - 2007

We are in our 70's and have never known cleaning carpets to be so easy. Mrs Elsey, Leeds - 2010



#### **ACCEPT THE HOKY CHALLENGE**

#### **30-Day Satisfaction Guarantee**

We're so sure you'll like the HOKY, we'll give you a 30 day guarantee of satisfaction, or your money back! We're confident because HOKY is no ordinary floor and carpet sweeper. It cleans up almost everything - sand, pet hair, pins, paper clips, glass, even nails!! HOKYs genuine boar bristle & horse hair corner brushes clean right up to walls and corners. If you are not completely satisfied with your HOKY, you may return it within 30 days of purchase and your money will be refunded.

Be good to yourself, be good to your home...try the amazing HOKY!

#### **SO EASY TO USE - EVEN EASIER TO ORDER**

You can order by credit/debit card at any time simply by calling

01634 298 161

or order on line www.directselling.org.uk

enquiries@directselling.org.uk

Product	Price inc £4.95 p+p	Qty	Total
Hoky Sweeper 23T	£49.95	100	
BUY 2 AN 2 x Hoky Sweeper 23T		10.0	U
I enclose my cheque made payable to Dir or please debit my Maste	ect Selling Ltd	o/Delta	card
Card No:			
	Expiry	Issue Switch	only
Signature		3 digits on ature strip	
lame (Mr/Mrs/Miss/Ms)			
ddress			
Postcode	_Tel No		
Email			
Note: additional delivery charges a SLANDS & N.I Please telephone f vill be made to despatch your orde	or details. Every effort	A	dvert e: LB/5



Words: Rory Stamp



# A BREW FOR THE CREW

Every year the RNLI saves thousands of lives.

Every month the volunteer RNLI crew launch their lifeboats over 600 times.

Every day you can help save lives at sea by making a brew.

**Every cup** of Lifeboat Tea raises funds to help train and equip the brave crew.

For more information on Brew for the Crew fundraising, go to 'Inli.org.uk/brew

